

2022-2023 Little East Women's Swimming & Diving All-Conference Team

<u>Event</u>	<u>First Team All-LEC</u>	<u>Second Team All-LEC</u>
50 Backstroke	Allison Ronan, Eastern Connecticut State	Caitlyn Guntly, Western New England
100 Backstroke	Kiley Young, Keene State	Olivia Ranck, Bridgewater State
200 Backstroke	Kiley Young, Keene State	Olivia Ranck, Bridgewater State
50 Breaststroke	Wiktorja Kaszor, Westfield State	Anna Vygoder, Rhode Island College
100 Breaststroke	Wiktorja Kaszor, Westfield State	Anna Vygoder, Rhode Island College
200 Breaststroke	Wiktorja Kaszor, Westfield State	Anna Vygoder, Rhode Island College
50 Butterfly	Maya Brody, Eastern Connecticut State	Lindsay Weaver, Eastern Connecticut State
100 Butterfly	Jaelin Jang, Keene State	Lindsay Weaver, Eastern Connecticut State
200 Butterfly	Jaelin Jang, Keene State	Hannah Geoffrion, Bridgewater State
100 Individual Medley	Olivia Roy, Univ. of New England	Olivia Ranck, Bridgewater State
200 Individual Medley	Amanda Robinson, Western New England	Allison Ronan, Eastern Connecticut State
400 Individual Medley	Kiley Young, Keene State	Ally Linkenhoker, Westfield State
50 Freestyle	Maya Brody, Eastern Connecticut State	Alexa Richter, Westfield State
100 Freestyle	Maya Brody, Eastern Connecticut State	Alexa Richter, Westfield State
200 Freestyle	Jaelin Jang, Keene State	Nicole Pechulis, Westfield State
500 Freestyle	Annika Doeppers, Univ. of New England	Rory Lee, Keene State
1,000 Freestyle	Alexa Richter, Westfield State	Annika Doeppers, Univ. of New England
1,650 Freestyle	Emily Rogers, Keene State	Annika Doeppers, Univ. of New England
One-Meter Diving	Cailey Simard, Bridgewater State	Kara Banagan, Westfield State
Three-Meter Diving	Cailey Simard, Bridgewater State	Kara Banagan, Westfield State
200 Freestyle Relay	Nunziata, O'Neill, Young, Jang - Keene State	Schneider, Frisch, Waever, Brody - Eastern Connecticut State
400 Freestyle Relay	Nunziata, O'Neill, Chaffee, Young - Keene State	Richter, Ferri, Kaczor, Pechulis - Westfield State
800 Freestyle Relay	Lee, O'Neill, Chaffee, Jang - Keene State	Murray, Bradford, Matte, Pelletier - Bridgewater State
200 Medley Relay	Ronan, Frisch, Weaver, Brody - Eastern Connecticut State	Young, Rogers, Jang, Nunziata - Keene State
400 Medley Relay	Young, Rogers, Jang, O'Neill - Keene State	Ronan, Frisch, Weaver, Brody - Eastern Connecticut State