

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****Men 60 M Dash**

Name	Year School	Prelims	H#
Preliminaries			
1 Harris, Stephen	Franklin Pierce	6.91q	6
2 Martin, Cole	Maine	6.92q	1
3 Collier Jr, Jermaine	Jmc	7.01q	10
4 Kennedy, Daniel	Umass Lowell	7.07q	9
5 Kaya, Aras	Umass Lowell	7.08q	5
6 Gibbons, Jared	Assumption	7.09q	17
7 Glass, Sean	Merrimack	7.10q	17
8 Edmund, Brandon	Hartford	7.11q	8
9 Earle, Brett	Umass Lowell	7.12	1 7.116
10 Toubia, Derrick	Umass Boston	7.12	12 7.119
11 Gonzalez, Angel	Franklin Pierce	7.12	9 7.120
12 Recto, Franco	Merrimack	7.14	6 7.135
12 Carter, Rowan	Maine	7.14	11 7.135
14 Leonard, Kaden	Hartford	7.14	16 7.138
15 Ahern, Sam	Union (N.Y.)	7.15	15
16 Pritchard, Shane	Assumption	7.16	14
17 Mahoney, Manny	Merrimack	7.17	3 7.166
18 Cruz, Ralph	Maine	7.17	8 7.168
19 Jordan, Thomas	Umass Lowell	7.18	4 7.173
20 D'Agostino, Ryan	Umass Lowell	7.18	11 7.174
21 Marino, Hunter	Umass Lowell	7.18	17 7.178
21 Katerji, Adam	Umass Lowell	7.18	2 7.178
23 St. George, Patrick	Assumption	7.19	3 7.185
23 Imasogie, Evan	Umass Lowell	7.19	6 7.185
25 Dixon, George	Assumption	7.19	9 7.189
26 Sebastien, AJ	Unattached	7.21	3 7.201
26 Barinelli, Thomas	Bridgewater St.	7.21	4 7.201
28 Lopez, Lalo	Franklin Pierce	7.24	12 7.233
28 Lonstein, Henry	Gordon	7.24	4 7.233
30 Stehlik, Eric	Hartbeat	7.25	15
31 Franco, Justin	Merrimack	7.26	13
32 Matias, Mason	Bridgewater St.	7.27	16 7.267
33 Abelon, Andrew	Maine	7.27	15 7.270
34 Wadley, Blake	Merrimack	7.28	2 7.273
35 Okwaning, Sakyi	Union (N.Y.)	7.28	10 7.275
36 Stalters, Corey	Bridgewater St.	7.30	7 7.291
37 Farbre, Tristan	Umass Lowell	7.30	5 7.299
38 Crowley, Landon	Merrimack	7.31	7 7.305
39 Ham, Jacey	Assumption	7.31	13 7.308
40 Davis, John	Colby-Sawyer	7.31	1 7.309
41 Epps, Javon	Bridgewater St.	7.32	7 7.316
42 Chewning, Daniel	Gordon	7.32	11 7.317
43 Binion, Aaron	Union (N.Y.)	7.33	10 7.325
44 Merrow, Gabriel	Umass Lowell	7.33	10 7.329
45 Johnson, Cooper	St. Anselm	7.37	5 7.364
46 Grant, Joshua	Unattached	7.37	5 7.367
47 Omisore, Lyanuoluwapo	Unattached	7.38	7
48 Mitchell, Matthew	Suffolk	7.40	2 7.396
49 Young, Michael	Bridgewater St.	7.40	9 7.397
50 Mulkerin, Shawn	Franklin Pierce	7.40	10 7.399
51 Osselmann-Chai, Christop	Unattached	7.41	15
52 Collins, Alex	Merrimack	7.42	15

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 60 M Dash**

53 Dennehy, Ryan	Bentley	7.43	8	7.427
54 Grayson, Harry	Regis (Mass.)	7.43	7	7.429
55 Mann, Brodie	Northeastern	7.43	16	7.430
56 Jackson, Taishaun	St. Anselm	7.44	13	
57 Moise, Stephan	St. Anselm	7.45	12	
58 Caldwell, Ben	Maine	7.46	4	
59 Raymondeau, Elliott	Unattached	7.47	2	7.465
60 Jones, Sam	St. Anselm	7.47	4	7.468
61 Yan, Ivan	Unattached	7.48	7	
62 Gallagher, Brian	Merrimack	7.50	5	7.496
63 Hirokane, Kojiro	Gbtc	7.50	6	7.499
64 Wiley, Luke	Emmanuel (Mass.)	7.51	13	7.501
65 Hicks, Kaleb	Bentley	7.51	3	7.507
66 Kofos, Jordan	Colby-Sawyer	7.51	17	7.510
67 Branchaud, Joseph	Colby-Sawyer	7.52	10	7.512
68 Osinowo, David	Unattached	7.52	3	7.514
69 Tsai, Meng-Hsien	Northeastern	7.52	8	7.520
70 Corson, Max	Lasell	7.55	5	7.544
71 Jones, Keenan	Gordon	7.55	3	7.546
72 Mcgirr, Aaron	Hartford	7.56	2	
73 Munukka, Benjamin	Lasell	7.57	15	
74 Etienne, Isaiah	Emmanuel (Mass.)	7.59	15	7.583
75 Gonzalez, Nathaniel	Lasell	7.59	14	7.584
76 Agbor, Daniel	Merrimack	7.59	4	7.590
77 Fong, Kenan	Bentley	7.60	12	7.598
77 Smith, Cekoi	Umass Boston	7.60	9	7.598
79 Trinh, Jonathan	Tufts Univer	7.61	14	7.601
80 Meehan, Luke	St. Anselm	7.61	16	7.609
81 Gatesman, Emerson	Unattached	7.65	16	
82 Parodos, Zachary	Unattached	7.66	1	7.653
83 Coleman, Eli	Union (N.Y.)	7.66	12	7.654
84 Avakian, John	Suffolk	7.67	4	
85 Smith, Tim	Umass Lowell	7.70	17	
86 King, Ryker	Bridgewater St.	7.73	16	7.725
87 Ali, Syed	Union (N.Y.)	7.73	2	7.728
88 Grant, Emmanuel	Regis (Mass.)	7.75	1	
89 Asante, Kelvin	Unattached	7.76	3	
90 Pereira, Ioan	Suffolk	7.79	3	
91 Moroney, Dylan	St. Anselm	7.80	17	
92 Ventura, Ryan	Lasell	7.81	16	7.804
93 Bredy, Malachi	Gordon	7.81	13	7.810
94 Galvis, Jhonyel	Northeastern	7.86	1	
95 Martins, Travis	Franklin Pierce	7.88	8	7.872
96 De Carvalho, Daniel	Unattached	7.88	11	7.874
97 Alokolaro, Olatunji	Umass Boston	7.89	9	
98 Kulkarni, Madhav	Unattached	7.91	7	7.905
98 Tansil, Andrew	Suffolk	7.91	14	7.905
100 Hurlbut-Lesk, Will	Unattached	7.91	14	7.910
101 Liburd, Kenard	Assumption	7.93	5	
102 Berkowitz, Brandon	Northeastern	7.99	6	7.981
103 Sutton, Eli	Gordon	7.99	10	7.985
104 McDaniels, Quintin	Franklin Pierce	8.00	13	
105 Sierra, Cross	Colby-Sawyer	8.04	12	
106 Eddy, Brendan	Suffolk	8.06	13	
107 Spaulding, Cooper	Albany Colle	8.14	7	8.133

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 60 M Dash**

108 Osborn, Reuben	Umass Lowell	8.14	8	8.137
109 Berman, Ben	Suffolk	8.20	12	
110 Perera, Tihan	Northeastern	8.37	17	
111 Marks, DJ	Regis (Mass.)	8.48	15	
112 Spokoyny, Dan	Northeastern	8.60	11	8.594
113 Alofe, Olutemi	Umass Boston	8.60	1	8.596
114 Grant, Arthur	Umass Boston	8.68	6	
115 Seck, Mocktar	Umass Boston	8.78	10	
116 Soliva, Joe	Umass Lowell	8.80	8	
117 Pierce, Roger	Mass Velocity TC	10.38	6	
118 Berit, Jon	Gbtc	10.73	16	

Men 60 M Dash

Name	Year School	Finals
Finals		
1 Martin, Cole	Maine	6.82
2 Harris, Stephen	Franklin Pierce	6.86
3 Collier Jr, Jermaine	Jmc	6.87
4 Kaya, Aras	Umass Lowell	6.96
5 Kennedy, Daniel	Umass Lowell	6.97
6 Gibbons, Jared	Assumption	6.99
7 Edmund, Brandon	Hartford	7.04
8 Glass, Sean	Merrimack	7.05

Men 200 M Dash

Name	Year School	Finals	H#
1 Jordan, Thomas	Umass Lowell	22.06	1
2 Dixon, George	Assumption	22.27	1
3 Carter, Rowan	Maine	22.47	1
4 Kaya, Aras	Umass Lowell	22.53	2
5 O'Riorden, Tristan	Umass Lowell	22.54	7
6 Ahern, Sam	Union (N.Y.)	22.55	1
7 Cruz, Ralph	Maine	22.67	2
8 Phongsa, Eric	Eastern Conn. St.	22.68	2
9 Mulkerin, Shawn	Franklin Pierce	22.70	5
10 Kennedy, Daniel	Umass Lowell	22.81	3
11 Katerji, Adam	Umass Lowell	22.82	1
12 Wadley, Blake	Merrimack	22.98	21
13 Omisore, Lyanuoluwapo	Unattached	23.01	5 23.002
14 Lonstein, Henry	Gordon	23.01	6 23.006 23.010
15 Connolly, Adam	Umass Lowell	23.03	7
16 Imasogie, Evan	Umass Lowell	23.19	2
17 Dennehy, Ryan	Bentley	23.21	3
18 Gonzalez, Angel	Franklin Pierce	23.22	4
19 Toubia, Derrick	Umass Boston	23.24	8
20 Hilliard, Ryan	Union (N.Y.)	23.32	3
21 Young, Michael	Bridgewater St.	23.33	8
22 Mooney, Matt	Bridgewater St.	23.34	11
23 Peters-Wolfe, Dasean	Bridgewater St.	23.35	13
24 Bean, Evan	Bentley	23.37	10
25 Jones, Sam	St. Anselm	23.38	3

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 200 M Dash**

26	Feist, Zachary	Bridgewater St.	23.42	12	
27	Binion, Aaron	Union (N.Y.)	23.43	5	
29	Chaudhry, DJ	Assumption	23.49	4	
30	Mann, Brodie	Northeastern	23.57	4	
31	Moise, Stephan	St. Anselm	23.59	10	
32	Stehlik, Scott	Unattached	23.63	2	
33	Mahoney, Manny	Merrimack	23.71	20	23.702
34	Raymondeau, Elliott	Unattached	23.71	8	23.705
35	Paula, Jack	Bridgewater St.	23.71	11	23.710
36	Caldwell, Ben	Maine	23.78	13	
37	Etienne, Isaiah	Emmanuel (Mass.)	23.79	11	
38	Mitchell, Matthew	Suffolk	23.83	9	
39	Tsai, Meng-Hsien	Northeastern	23.87	16	
40	Gallagher, Brian	Merrimack	23.90	21	
41	Keiper, Florian	Merrimack	23.95	9	
42	Farbre, Tristan	Umass Lowell	23.96	7	
43	Durand, Joshua	Suffolk	24.02	10	24.014
44	Ekwi, Elgin	Roxbury CC	24.02	9	24.020
45	Yan, Ivan	Unattached	24.06	14	24.055
46	Melenciano, Victor	Umass Lowell	24.06	21	24.057
47	Wiley, Luke	Emmanuel (Mass.)	24.11	13	
48	Osinowo, David	Unattached	24.12	11	
49	Gatesman, Emerson	Unattached	24.15	12	
50	Wiltshire, Melvin	Umass Boston	24.18	5	
51	Jackson, Taishaun	St. Anselm	24.23	15	24.223
52	Meehan, Luke	St. Anselm	24.23	15	24.228
53	Okwaning, Sakyi	Union (N.Y.)	24.25	10	
54	Parodos, Zachary	Unattached	24.26	7	24.251
55	Avakian, John	Suffolk	24.26	12	24.253
56	Epps, Javon	Bridgewater St.	24.29	9	
57	Smith, Tim	Umass Lowell	24.31	6	
58	Jones, Keenan	Gordon	24.32	15	
59	Espinoza, Marcell	Roxbury CC	24.34	12	
60	Eisl, Willem	Umass Lowell	24.63	5	
61	Ali, Syed	Union (N.Y.)	24.64	8	24.631
62	De Carvalho, Daniel	Unattached	24.64	14	24.635
63	Pecorella, Dominic	Assumption	24.65	11	
64	Backus, Jake	Albany Colle	24.74	21	
65	Toumayan-Miller, Bryce	Regis (Mass.)	24.77	13	
66	Hurlbut-Lesk, Will	Unattached	24.82	12	
67	Adigwe, Chigozie	Bridgewater St.	24.84	8	
68	Fong, Kenan	Bentley	24.88	13	
69	Garell, Joe	Bridgewater St.	24.99	15	
70	Pereira, Ioan	Suffolk	25.07	14	25.065
71	Goehrig, Andrew	Bentley	25.07	4	25.069
72	Henry, Anson	Roxbury CC	25.21	16	
73	Asante, Kelvin	Unattached	25.27	20	
74	DiGiacomo, Cole	Union (N.Y.)	25.29	16	
75	Browne, Julian	Hartford	25.32	9	
76	Smith, Cekoi	Umass Boston	25.40	16	
77	Sutton, Eli	Gordon	25.79	17	
78	Bisceglia, Alex	Umass Lowell	25.85	17	
79	Sierra, Cross	Colby-Sawyer	25.92	20	
80	Kulkarni, Madhav	Unattached	26.12	18	
81	Wright, Daunte	Albany Colle	26.22	21	

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 200 M Dash**

82 Mufarinya, Seamus	Northeastern	26.29	18	
83 Osborn, Reuben	Umass Lowell	26.30	19	
84 Galvis, Jhonyel	Northeastern	26.32	14	
85 Kelkay, Daniel	Northeastern	26.41	17	
86 Spaulding, Cooper	Albany Colle	26.45	20	
87 Berkowitz, Brandon	Northeastern	26.78	17	
88 Berman, Ben	Suffolk	26.82	17	
89 Grados, Marco	Northeastern	27.08	18	
90 Adrien, Kitshenatus	Umass Boston	27.12	18	
91 Mauceri, Jayden	Albany Colle	28.44	20	28.436
92 Darius, Samuel	Umass Boston	28.44	18	28.440
93 Spokoyny, Dan	Northeastern	28.52	19	
94 Berit, Jon	Gbtc	36.13	19	
-- D'Agostino, Ryan	Umass Lowell	DNF	4	
28 Bois, Jason	Union (N.Y.)	DQ	6	Ran in wrong lane

Men 300 M Dash

Name	Year School	Finals	H#	
1 Harris, Stephen	Franklin Pierce	33.86	1	
2 Couture, Cory	Merrimack	34.18	1	
3 Lopez, Lalo	Franklin Pierce	35.40	4	
4 Spofford, Stephen	Bridgewater St.	35.70	4	
5 Matias, Mason	Bridgewater St.	35.87	2	
6 Bair, Jake	Vermont	35.93	3	
7 Hickey, Blake	Merrimack	35.95	2	
8 Klein, Sam	Eastern Conn. St.	35.98	5	
9 DeAndrade, Jacob	Bridgewater St.	36.26	4	
10 Mighty, Carson	Merrimack	36.31	2	
11 Smith, Jaeden	Merrimack	36.40	3	
12 Yarbrough, Jadis	Merrimack	36.57	3	
13 Farley, Will	Assumption	36.85	5	
14 Sten, Mark	Merrimack	37.01	1	
15 Norcross, Kye	Union (N.Y.)	37.11	6	
16 Mann, Brodie	Northeastern	37.18	5	
17 Rahaman, Colin	Merrimack	37.53	3	
18 Dakai, Charles	Bridgewater St.	37.62	6	
19 Crowley, Landon	Merrimack	37.94	2	
20 Lovendale, Tyler	Merrimack	37.95	3	37.947
21 Simonetta, Nick	Hartford	37.95	6	37.948
22 Vroeginday, Benjamin	Hartford	38.07	4	
23 Pasquarosa, Anthony	St. Anselm	38.25	5	
24 Grace, Nicholas	Bridgewater St.	38.48	5	
25 McKoy, Davonte	Merrimack	38.71	4	
26 Jean Louis, Jasen	Bridgewater St.	39.43	7	
27 Polles, Brendan	Assumption	39.65	6	
28 Porter, Nick	Assumption	39.74	7	
29 Brandreth, Christopher	Union (N.Y.)	40.74	7	
30 Ventura, Ryan	Lasell	41.15	8	
31 Tansil, Andrew	Suffolk	41.28	8	
32 Bassan, Prabhdeep	Umass Boston	41.77	8	
33 Kelkay, Daniel	Northeastern	42.15	7	

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****Men 400 M Dash**

Name	Year School	Finals	H#
1 Michaud, Conner	Maine	48.40	1
22.287 (22.287)	48.400 (26.114)		
2 Marino, Hunter	Umass Lowell	48.98	1
23.311 (23.311)	48.973 (25.662)		
3 Iddriss, Basit	Umass Lowell	49.89	2
24.085 (24.085)	49.886 (25.802)		
4 Gay, Miles	Maine	50.17	1
23.812 (23.812)	50.164 (26.352)		
5 Sewell, Josh	Maine	50.42	2 50.411
23.685 (23.685)	50.411 (26.727)		
6 Cognata, James	St. Anselm	50.42	3 50.416
23.910 (23.910)	50.416 (26.506)		
7 Card, Andrew	Maine	50.44	1
24.564 (24.564)	50.434 (25.870)		
8 Lynch, Alejandro	Umass Lowell	50.52	1
23.843 (23.843)	50.515 (26.672)		
9 Patterson, Luke	Maine	51.03	2
24.401 (24.401)	51.023 (26.622)		
10 Bill, Cory	Eastern Conn. St.	51.17	2
24.398 (24.398)	51.168 (26.770)		
11 Merrow, Gabriel	Umass Lowell	51.34	2
24.213 (24.213)	51.340 (27.127)		
12 Quinn, Stephen	St. Anselm	51.35	4
24.512 (24.512)	51.347 (26.835)		
13 Hirokane, Kojiro	Gbtc	51.98	3
24.548 (24.548)	51.972 (27.424)		
14 Malieswski, Ryan	Maine	52.47	5
24.028 (24.028)	52.468 (28.440)		
15 Bean, Evan	Bentley	52.59	3
24.181 (24.181)	52.587 (28.406)		
16 Carriere, Noah	St. Anselm	53.07	4
24.834 (24.834)	53.069 (28.236)		
17 McLaughlin, Matthew	St. Anselm	53.11	4
25.070 (25.070)	53.108 (28.039)		
18 Haney, Stephen	Hartford	53.14	3
25.359 (25.359)	53.132 (27.773)		
19 Durand, Joshua	Suffolk	53.48	4
24.703 (24.703)	53.480 (28.778)		
20 Branco, Nate	Bridgewater St.	53.60	5
25.801 (25.801)	53.598 (27.797)		
21 Infante, Andres	St. Anselm	53.78	5
24.733 (24.733)	53.773 (29.040)		
22 Efinger, Peter	Hartford	54.34	5
25.901 (25.901)	54.336 (28.436)		
23 Platti, Jonathan	Colby-Sawyer	54.62	5
25.523 (25.523)	54.617 (29.095)		
24 King, Ryker	Bridgewater St.	54.99	6
26.597 (26.597)	54.982 (28.386)		
25 Crehan, Sean	Hartford	55.85	6
27.308 (27.308)	55.847 (28.540)		
26 Humberd, Shaun	Bridgewater St.	56.35	6
25.766 (25.766)	56.345 (30.579)		

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 400 M Dash**

27 Pike, Hayden	Bentley	56.76	4
25.764 (25.764)	56.755 (30.991)		
28 Williams, Boston	Lasell	57.29	7
26.861 (26.861)	57.287 (30.427)		
29 Perez, Roger	Bridgewater St.	57.50	6
25.259 (25.259)	57.496 (32.237)		
30 Charles, Aiden	Regis (Mass.)	58.34	7
26.668 (26.668)	58.333 (31.666)		
31 Bisceglia, Alex	Umass Lowell	58.53	6
27.670 (27.670)	58.526 (30.856)		
32 Mufarinya, Seamus	Northeastern	58.68	7
27.465 (27.465)	58.677 (31.212)		
33 Dos Santos, Hugo	Umass Boston	59.24	7
24.925 (24.925)	59.233 (34.309)		
34 Kim, Dominic	Umass Lowell	1:02.98	7
28.353 (28.353)	1:02.980 (34.628)		
35 Soliva, Joe	Umass Lowell	1:05.40	7
29.035 (29.035)	1:05.394 (36.360)		
-- Ash, Brady	St. Anselm	DNF	3

Men 800 M Run

Name	Year School	Finals	H#
1 Liu-Walter, Zachary	Williams	1:54.73	1
29.441 (29.441)	57.740 (28.300)	1:26.173 (28.434)	1:54.723 (28.550)
2 Gamelin, Ryan	Unattached	1:56.70	1
29.888 (29.888)	58.675 (28.788)	1:27.426 (28.752)	1:56.693 (29.268)
3 Cooper, Leo	Williams	1:56.82	1
29.755 (29.755)	58.461 (28.707)	1:27.249 (28.788)	1:56.813 (29.564)
4 Alonso, Angel Mendo	Franklin Pierce	1:57.36	1
29.997 (29.997)	58.682 (28.686)	1:27.822 (29.140)	1:57.353 (29.532)
5 McNeice, Evan	Franklin Pierce	1:59.35	1
29.631 (29.631)	58.116 (28.485)	1:28.284 (30.168)	1:59.341 (31.058)
6 Robinson-Smey, Jacob	Maine	2:00.47	2
29.043 (29.043)	59.038 (29.996)	1:29.869 (30.832)	2:00.463 (30.594)
7 MacArthur, Hayden	Bentley	2:00.96	2
29.253 (29.253)	59.224 (29.972)	1:30.072 (30.848)	2:00.951 (30.879)
8 Pelosi, Harrison	Franklin Pierce	2:01.24	1
30.229 (30.229)	58.982 (28.753)	1:29.109 (30.128)	2:01.236 (32.127)
9 Burkhart, Hunter	Maine	2:02.80	2
29.456 (29.456)	59.407 (29.952)	1:30.339 (30.932)	2:02.799 (32.460)
10 Gauvin, Elliot	Assumption	2:03.56	1
30.101 (30.101)	59.225 (29.124)	1:29.988 (30.763)	2:03.556 (33.568)
11 Toleos, James	Union (N.Y.)	2:03.90	2
29.835 (29.835)	59.891 (30.057)	1:31.526 (31.635)	2:03.900 (32.375)
12 Fournier, Aydan	Bridgewater St.	2:05.33	3
28.975 (28.975)	59.920 (30.945)	1:33.108 (33.188)	2:05.324 (32.216)
13 Merilo, Roodley	Hartford	2:05.81	2
29.601 (29.601)	59.680 (30.080)	1:31.287 (31.607)	2:05.805 (34.519)
14 Marconi, Gulian	Hartford	2:06.98	2
30.650 (30.650)	1:02.257 (31.608)	1:35.324 (33.068)	2:06.974 (31.650)
15 Onyejekwe, Brandon	Northeastern	2:08.78	2
30.133 (30.133)	1:00.111 (29.978)	1:30.567 (30.457)	2:08.775 (38.208)

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 800 M Run**

16 Holodowski, Adam	St. Anselm	2:09.50	4	
31.447 (31.447)	1:02.929 (31.482)	1:35.988 (33.060)	2:09.491 (33.504)	
17 Sigda, Jackson	Hartford	2:10.34	2	
30.462 (30.462)	1:02.495 (32.034)	1:36.548 (34.053)	2:10.336 (33.788)	
18 Aboagye, Samuel	Assumption	2:10.35	2	
29.709 (29.709)	1:00.720 (31.012)	1:35.559 (34.839)	2:10.343 (34.784)	
19 Manor, Max	Northeastern	2:10.58	3	
30.661 (30.661)	1:03.971 (33.310)	1:37.439 (33.468)	2:10.580 (33.142)	
20 Dean, Michael	Albany Colle	2:11.59	3	
31.961 (31.961)	1:04.636 (32.675)	1:38.092 (33.457)	2:11.589 (33.497)	
21 Rehman, Maahin	Assumption	2:12.12	3	
31.824 (31.824)	1:05.046 (33.223)	1:39.123 (34.077)	2:12.114 (32.992)	
22 Stogsdill, Riley	Regis (Mass.)	2:13.54	3	
30.254 (30.254)	1:04.159 (33.905)	1:38.942 (34.784)	2:13.536 (34.594)	
23 Owen, Jack	Bridgewater St.	2:16.89	3	
31.896 (31.896)	1:05.452 (33.556)	1:40.418 (34.966)	2:16.886 (36.468)	
24 Lynch, Colby	St. Anselm	2:18.63	3	
31.001 (31.001)	1:05.281 (34.280)	1:41.758 (36.477)	2:18.626 (36.868)	
25 McGinn, Peter	Gordon	2:21.23	4	
32.893 (32.893)	1:07.682 (34.790)	1:46.072 (38.390)	2:21.228 (35.156)	
26 Puryear, Jahan	Emmanuel (Mass.)	2:21.79	4	
31.769 (31.769)	1:03.583 (31.814)	1:41.077 (37.494)	2:21.787 (40.711)	
27 Stressman, Isaiah	Umass Boston	2:22.28	4	
32.589 (32.589)	1:07.258 (34.670)	1:45.715 (38.457)	2:22.280 (36.565)	
28 Wang, Dylan	Albany Colle	2:23.30	4	
33.617 (33.617)	1:09.016 (35.400)	1:45.902 (36.887)	2:23.292 (37.390)	
29 Carnabucci, Jordan	Umass Lowell	2:23.68	4	
33.421 (33.421)	1:08.770 (35.349)	1:46.590 (37.820)	2:23.678 (37.088)	
30 Infante, Diego	St. Anselm	2:23.90	4	
32.914 (32.914)	1:08.449 (35.536)	1:47.521 (39.072)	2:23.893 (36.372)	
31 Kubaska, Andrew	Emmanuel (Mass.)	2:25.78	4	
32.121 (32.121)	1:06.719 (34.598)	1:45.269 (38.550)	2:25.777 (40.509)	
32 Hooper, Royal	Bard	2:34.74	4	
33.344 (33.344)	1:10.173 (36.829)	1:53.817 (43.644)	2:34.731 (40.915)	

Men 1000 M Run

Name	Year School	Finals	H#	
1 Marker, Oliver	Northeastern	2:35.43	1	
30.633 (30.633)	1:01.348 (30.716)	1:33.085 (31.738)	2:05.077 (31.992)	
2:35.427 (30.351)				
2 Firlings, Matt	Maine	2:35.47	1	
30.384 (30.384)	1:01.557 (31.173)	1:33.521 (31.965)	2:05.965 (32.444)	
2:35.470 (29.505)				
3 Cowley, William	Northeastern	2:36.77	1	
31.006 (31.006)	1:02.101 (31.096)	1:33.327 (31.226)	2:05.180 (31.853)	
2:36.762 (31.583)				
4 Gomi, Kenichi	Northeastern	2:39.27	1	
30.930 (30.930)	1:02.273 (31.344)	1:33.991 (31.718)	2:06.265 (32.275)	
2:39.268 (33.003)				
5 Krygin, Mykhaylo	Maine	2:39.95	1	
30.274 (30.274)	1:01.302 (31.028)	1:33.201 (31.900)	2:05.664 (32.463)	
2:39.943 (34.280)				

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 1000 M Run**

6	Allaire, Griffin	Merrimack	2:40.53	1		
	30.498 (30.498)	1:01.792 (31.294)	1:33.737 (31.945)		2:06.505 (32.768)	
	2:40.529 (34.025)					
7	Hemme, Michael	Bentley	2:45.82	2		
	32.533 (32.533)	1:05.102 (32.569)	1:38.611 (33.510)		2:12.684 (34.073)	
	2:45.818 (33.135)					
8	Strawbridge, Ryan	Northeastern	2:48.40	2		
	32.858 (32.858)	1:05.550 (32.693)	1:39.229 (33.679)		2:13.670 (34.442)	
	2:48.398 (34.728)					
9	Happenny, Benjamin	Regis (Mass.)	2:53.64	2		
	32.278 (32.278)	1:05.281 (33.004)	1:40.273 (34.992)		2:17.448 (37.176)	
	2:53.638 (36.190)					
10	Matthews, Harrison	Albany Colle	2:58.65	2		
	33.335 (33.335)	1:07.366 (34.031)	1:43.846 (36.480)		2:23.234 (39.389)	
	2:58.642 (35.408)					
11	Margiatto, Christopher	Regis (Mass.)	3:11.77	2		
	34.159 (34.159)	1:10.829 (36.670)	1:49.766 (38.938)		2:30.442 (40.676)	
	3:11.766 (41.324)					
12	Pierre, Kederson	Regis (Mass.)	3:21.55	2		
	33.217 (33.217)	1:07.802 (34.586)	1:48.159 (40.357)		2:35.488 (47.329)	
	3:21.548 (46.060)					
13	Carnabucci, Jordan	Umass Lowell	3:28.09	2		
	34.122 (34.122)	1:10.610 (36.488)	1:52.326 (41.717)		2:39.386 (47.060)	
	3:28.082 (48.697)					

Men 1 Mile Run

Name	Year	School	Finals	H#		
1	Zerbouaa, Youssef	Battle Road	4:26.20	1		
	35.409 (35.409)	1:07.964 (32.555)	1:41.483 (33.520)		2:15.260 (33.778)	
	2:47.328 (32.068)	3:19.966 (32.638)	3:52.520 (32.554)		4:26.200 (33.681)	
2	Chavda, Nikhil	Bates	4:27.03	1		
	35.454 (35.454)	1:08.780 (33.327)	1:42.221 (33.441)		2:16.232 (34.011)	
	2:49.835 (33.604)	3:22.509 (32.675)	3:55.519 (33.010)		4:27.021 (31.503)	
3	Carter, Brendan	Vibey AC	4:27.89	1		
	35.204 (35.204)	1:08.064 (32.860)	1:41.312 (33.248)		2:15.528 (34.216)	
	2:49.000 (33.472)	3:23.228 (34.229)	3:56.569 (33.341)		4:27.881 (31.312)	
4	Benioff, Nathaneul	Bates	4:28.50	1		
	36.080 (36.080)	1:09.128 (33.048)	1:42.489 (33.361)		2:16.559 (34.070)	
	2:50.274 (33.716)	3:23.002 (32.728)	3:56.104 (33.102)		4:28.491 (32.388)	
5	Craveiro, Antonio	Merrimack	4:29.10	1		
	35.660 (35.660)	1:08.530 (32.870)	1:42.552 (34.023)		2:17.109 (34.557)	
	2:52.844 (35.735)	3:28.927 (36.084)	4:00.444 (31.517)		4:29.096 (28.652)	
6	Logan, Miles	Bates	4:29.74	1		
	35.748 (35.748)	1:08.700 (32.953)	1:42.020 (33.320)		2:16.202 (34.183)	
	2:49.912 (33.710)	3:24.089 (34.178)	3:58.164 (34.076)		4:29.736 (31.572)	
7	Llewellyn, Luke	Merrimack	4:30.43	1		
	35.220 (35.220)	1:08.233 (33.014)	1:41.874 (33.641)		2:15.795 (33.921)	
	2:47.884 (32.089)	3:20.536 (32.653)	3:54.157 (33.621)		4:30.422 (36.265)	
8	Schultz, Owen	Merrimack	4:31.22	2		
	32.500 (32.500)	1:05.922 (33.423)	1:40.781 (34.859)		2:15.983 (35.203)	
	2:51.119 (35.136)	3:26.301 (35.182)	3:59.891 (33.591)		4:31.213 (31.323)	

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 1 Mile Run**

9 Velazquez, Jake	Umass Lowell	4:31.50	1	
35.760 (35.760)	1:08.964 (33.204)	1:42.872 (33.908)	2:16.675 (33.803)	
2:50.500 (33.826)	3:24.682 (34.182)	3:58.000 (33.318)	4:31.497 (33.498)	
10 Bail, Zachary	Merrimack	4:32.52	1	
35.135 (35.135)	1:08.160 (33.026)	1:41.692 (33.532)	2:15.961 (34.270)	
2:50.700 (34.740)	3:25.466 (34.766)	4:00.584 (35.119)	4:32.513 (31.929)	
11 Medeiros, Colby	Assumption	4:32.73	1	
35.073 (35.073)	1:08.454 (33.381)	1:42.123 (33.669)	2:16.332 (34.210)	
2:50.084 (33.752)	3:24.426 (34.343)	3:59.152 (34.727)	4:32.728 (33.576)	
12 Plante, William	Union (N.Y.)	4:32.74	2	
32.855 (32.855)	1:06.271 (33.416)	1:41.129 (34.859)	2:16.563 (35.434)	
2:52.422 (35.860)	3:28.276 (35.854)	4:03.078 (34.803)	4:32.733 (29.655)	
13 Bueti, Rocco	Bentley	4:33.94	2	
33.325 (33.325)	1:06.774 (33.449)	1:41.889 (35.116)	2:17.330 (35.441)	
2:51.988 (34.658)	3:27.457 (35.470)	4:02.601 (35.144)	4:33.932 (31.332)	
14 Palmer, Eli	Maine	4:35.10	2	
35.023 (35.023)	1:08.914 (33.892)	1:43.395 (34.481)	2:19.145 (35.751)	
2:54.883 (35.738)	3:30.369 (35.487)	4:05.872 (35.503)	4:35.097 (29.226)	
15 Yee, Ted	Northeastern	4:35.26	3	
34.703 (34.703)	1:09.246 (34.544)	1:45.018 (35.772)	2:21.138 (36.120)	
2:55.981 (34.844)	3:31.204 (35.224)	4:05.875 (34.672)	4:35.259 (29.384)	
16 Keelan, Jack	Bard	4:38.97	2	
34.015 (34.015)	1:07.780 (33.765)	1:42.732 (34.952)	2:18.694 (35.963)	
2:54.653 (35.960)	3:31.344 (36.691)	4:07.956 (36.612)	4:38.967 (31.012)	
17 Fitzmaurice, Michael	Union (N.Y.)	4:39.57	2	
34.653 (34.653)	1:08.013 (33.360)	1:42.522 (34.510)	2:18.175 (35.653)	
2:54.028 (35.853)	3:30.319 (36.292)	4:06.392 (36.073)	4:39.568 (33.176)	
18 Sheppard, Brian	Gbtc	4:43.13	4	
36.885 (36.885)	1:10.725 (33.840)	1:45.125 (34.400)	2:20.407 (35.283)	
2:56.737 (36.331)	3:32.661 (35.924)	4:08.488 (35.827)	4:43.128 (34.640)	
19 Dickinson, Nolan	Merrimack	4:43.26	3	
36.055 (36.055)	1:11.103 (35.048)	1:47.101 (35.998)	2:23.484 (36.384)	
3:00.007 (36.523)	3:36.644 (36.638)	4:12.539 (35.895)	4:43.260 (30.722)	
20 Sematimba, Jovan	Battle Road	4:44.27	3	
35.398 (35.398)	1:09.678 (34.280)	1:45.484 (35.807)	2:21.815 (36.332)	
2:58.040 (36.225)	3:34.855 (36.816)	4:10.867 (36.012)	4:44.263 (33.396)	
21 Giannasca, Matthew	Merrimack	4:44.33	4	
36.005 (36.005)	1:09.541 (33.536)	1:44.328 (34.788)	2:20.181 (35.854)	
2:57.037 (36.856)	3:33.548 (36.512)	4:09.717 (36.170)	4:44.325 (34.608)	
22 Parent, Mitchell	Bridgewater St.	4:44.56	4	
36.445 (36.445)	1:10.553 (34.108)	1:45.571 (35.019)	2:21.178 (35.608)	
2:58.303 (37.125)	3:35.376 (37.073)	4:11.866 (36.491)	4:44.555 (32.689)	
23 Pelletier, Aaron	Assumption	4:45.01	2	4:45.008
33.092 (33.092)	1:06.521 (33.429)	1:41.573 (35.052)	2:17.117 (35.545)	
2:52.369 (35.252)	3:28.421 (36.052)	4:06.579 (38.159)	4:45.008 (38.429)	
24 Garrick, Bretton	Union (N.Y.)	4:45.01	2	4:45.009
35.417 (35.417)	1:08.813 (33.396)	1:44.284 (35.471)	2:20.407 (36.124)	
2:57.243 (36.836)	3:34.504 (37.261)	4:10.796 (36.292)	4:45.009 (34.214)	
25 Waldstein, Trevor	Bentley	4:45.55	3	
36.156 (36.156)	1:10.728 (34.572)	1:46.397 (35.669)	2:23.295 (36.898)	
3:00.398 (37.104)	3:37.059 (36.661)	4:12.579 (35.521)	4:45.542 (32.963)	
26 Pawelek, Oliver	Bard	4:46.17	2	
33.770 (33.770)	1:07.428 (33.658)	1:43.133 (35.705)	2:20.021 (36.888)	
2:57.221 (37.201)	3:36.154 (38.933)	4:13.613 (37.459)	4:46.164 (32.552)	

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 1 Mile Run**

27 Harrington, Neil	St. Anselm	4:46.18	6		
32.274 (32.274)	1:05.962 (33.688)	1:41.732 (35.770)		2:19.103 (37.372)	
2:57.006 (37.904)	3:35.452 (38.446)	4:13.904 (38.452)		4:46.172 (32.268)	
28 Nevin, Mathias	Hartford	4:47.59	3		
35.684 (35.684)	1:11.120 (35.436)	1:46.838 (35.718)		2:24.663 (37.826)	
3:03.677 (39.014)	3:42.508 (38.832)	4:15.858 (33.350)		4:47.583 (31.726)	
29 Yacoub, Nicholas	Unattached	4:47.73	1		
35.568 (35.568)	1:08.570 (33.003)	1:42.824 (34.255)		2:17.764 (34.940)	
2:54.424 (36.660)	3:32.151 (37.728)	4:09.004 (36.854)		4:47.722 (38.718)	
30 Jean, Lionell	Hartford	4:48.89	4		
36.138 (36.138)	1:09.533 (33.395)	1:44.341 (34.809)		2:20.134 (35.793)	
2:57.305 (37.172)	3:34.641 (37.336)	4:12.277 (37.636)		4:48.888 (36.612)	
31 Worden, Andrew	Merrimack	4:49.06	3		
36.203 (36.203)	1:11.563 (35.360)	1:47.265 (35.703)		2:23.721 (36.456)	
2:59.805 (36.084)	3:36.237 (36.432)	4:11.778 (35.541)		4:49.051 (37.273)	
32 Scopelites, Trevor	St. Anselm	4:49.59	3		
35.713 (35.713)	1:10.248 (34.536)	1:45.572 (35.324)		2:22.625 (37.053)	
3:00.127 (37.502)	3:37.836 (37.710)	4:15.176 (37.340)		4:49.582 (34.406)	
33 Shahbazian, Will	Unattached	4:50.22	2		
34.960 (34.960)	1:08.553 (33.593)	1:44.017 (35.464)		2:20.050 (36.034)	
2:56.840 (36.790)	3:34.159 (37.320)	4:12.903 (38.744)		4:50.219 (37.316)	
34 Romito, Dawson	Unattached	4:52.45	5		
37.820 (37.820)	1:14.276 (36.456)	1:50.570 (36.294)		2:26.927 (36.358)	
3:03.793 (36.866)	3:42.283 (38.491)	4:19.701 (37.418)		4:52.443 (32.742)	
35 Klehr, Jackson	Union (N.Y.)	4:52.93	2		
35.162 (35.162)	1:08.982 (33.820)	1:44.465 (35.484)		2:20.736 (36.271)	
2:57.817 (37.081)	3:35.974 (38.158)	4:15.237 (39.263)		4:52.929 (37.692)	
36 Bonnette, Will	Union (N.Y.)	4:54.21	2		
35.343 (35.343)	1:09.103 (33.760)	1:44.807 (35.704)		2:21.485 (36.679)	
2:59.097 (37.612)	3:38.047 (38.951)	4:17.210 (39.164)		4:54.209 (37.000)	
37 Farrell, Josh	Unattached	4:54.46	3		
35.920 (35.920)	1:11.392 (35.472)	1:47.707 (36.315)		2:24.791 (37.084)	
3:02.546 (37.756)	3:41.159 (38.614)	4:19.323 (38.164)		4:54.453 (35.130)	
38 Tremblay, Riley	Franklin Pierce	4:54.88	5		
37.638 (37.638)	1:14.047 (36.410)	1:50.323 (36.276)		2:26.499 (36.176)	
3:02.438 (35.940)	3:39.913 (37.476)	4:18.137 (38.224)		4:54.879 (36.742)	
39 Miller, Josh	Hfc Striders	4:55.52	4		
37.112 (37.112)	1:12.457 (35.345)	1:48.466 (36.010)		2:25.925 (37.459)	
3:04.437 (38.513)	3:44.375 (39.938)	4:22.444 (38.069)		4:55.512 (33.068)	
40 Power, Finn	Bentley	4:56.24	3		
35.573 (35.573)	1:09.907 (34.335)	1:45.283 (35.376)		2:22.499 (37.216)	
3:00.193 (37.695)	3:39.639 (39.446)	4:18.705 (39.067)		4:56.231 (37.526)	
41 Kurczy, Daniel	Northeastern	4:57.83	3		
36.717 (36.717)	1:12.126 (35.409)	1:48.816 (36.691)		2:27.137 (38.321)	
3:04.932 (37.796)	3:43.375 (38.443)	4:21.851 (38.476)		4:57.826 (35.976)	
42 Milich, Timothy	Northeastern	4:59.17	5		
41.422 (41.422)	1:17.923 (36.502)	1:56.123 (38.200)		2:34.189 (38.067)	
3:11.135 (36.947)	3:47.787 (36.652)	4:24.683 (36.896)		4:59.170 (34.488)	
43 Kennedy, Patrick	St. Anselm	4:59.91	3		
35.927 (35.927)	1:10.483 (34.557)	1:46.019 (35.536)		2:24.200 (38.182)	
3:02.802 (38.602)	3:43.332 (40.531)	4:23.274 (39.942)		4:59.910 (36.636)	
44 Parker, Andrew	Umass Lowell	5:00.23	4		
38.352 (38.352)	1:14.898 (36.547)	1:51.861 (36.963)		2:29.993 (38.132)	
3:07.954 (37.962)	3:46.657 (38.703)	4:25.220 (38.564)		5:00.224 (35.004)	

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 1 Mile Run**

45 Carlson, Mark	Assumption	5:03.00	4		
37.405 (37.405)	1:12.144 (34.740)	1:48.352 (36.208)		2:26.455 (38.104)	
3:05.277 (38.822)	3:45.310 (40.034)	4:24.808 (39.498)		5:02.993 (38.186)	
46 Confesor-Chable, Steven	Hartford	5:05.07	4		
37.724 (37.724)	1:12.918 (35.195)	1:49.725 (36.807)		2:28.349 (38.624)	
3:08.269 (39.921)	3:48.353 (40.084)	4:28.881 (40.529)		5:05.064 (36.183)	
47 Cousins, John	Northeastern	5:06.70	5		
40.695 (40.695)	1:17.749 (37.054)	1:56.394 (38.645)		2:34.516 (38.123)	
3:10.747 (36.231)	3:49.595 (38.849)	4:29.947 (40.352)		5:06.700 (36.754)	
48 Kelly, John	Hartford	5:08.17	4		
38.057 (38.057)	1:14.539 (36.483)	1:52.489 (37.951)		2:31.170 (38.681)	
3:10.285 (39.116)	3:50.355 (40.070)	4:30.301 (39.946)		5:08.167 (37.867)	
49 Zambrowski, Alex	Northeastern	5:09.89	5		
38.195 (38.195)	1:14.410 (36.215)	1:50.860 (36.451)		2:27.869 (37.009)	
3:06.547 (38.679)	3:47.967 (41.420)	4:28.769 (40.803)		5:09.883 (41.115)	
50 Russell, Todd	Northeastern	5:12.84	5		
41.311 (41.311)	1:19.023 (37.712)	1:56.966 (37.944)		2:34.924 (37.959)	
3:12.398 (37.474)	3:51.839 (39.441)	4:33.082 (41.244)		5:12.836 (39.755)	
51 Sheehan, Kevin	Tracksmith B	5:12.95	5		
41.184 (41.184)	1:18.323 (37.140)	1:55.881 (37.558)		2:35.335 (39.454)	
3:16.579 (41.244)	3:58.372 (41.794)	4:38.630 (40.258)		5:12.945 (34.316)	
52 Pratt, Alexander	Umass Lowell	5:17.31	5		
40.974 (40.974)	1:18.734 (37.760)	1:57.223 (38.489)		2:36.899 (39.676)	
3:17.185 (40.287)	3:58.155 (40.971)	4:38.806 (40.651)		5:17.310 (38.504)	
53 Hall, Thomas	Assumption	5:22.00	6		
39.320 (39.320)	1:18.742 (39.422)	1:59.306 (40.564)		2:40.412 (41.107)	
3:22.219 (41.808)	4:04.712 (42.493)	4:46.056 (41.344)		5:21.991 (35.936)	
54 Elias, Monet	Emmanuel (Mass.)	5:22.58	5		
40.743 (40.743)	1:17.530 (36.787)	1:57.380 (39.851)		2:37.898 (40.518)	
3:22.028 (44.131)	4:04.855 (42.827)	4:48.001 (43.147)		5:22.579 (34.579)	
55 Mackenzie, Owen	Bridgewater St.	5:22.61	5		
38.190 (38.190)	1:16.025 (37.836)	1:55.726 (39.701)		2:36.871 (41.146)	
3:19.522 (42.651)	4:01.733 (42.212)	4:42.628 (40.896)		5:22.601 (39.973)	
56 Yapp, Chris	St. Anselm	5:25.65	6		
37.095 (37.095)	1:15.162 (38.067)	1:53.729 (38.568)		2:33.334 (39.605)	
3:14.162 (40.828)	3:57.492 (43.331)	4:41.667 (44.176)		5:25.644 (43.977)	
57 Moody, Colin	Merrimack	5:26.14	4		
38.816 (38.816)	1:16.112 (37.296)	1:55.710 (39.599)		2:37.250 (41.540)	
3:18.417 (41.167)	4:00.483 (42.067)	4:43.305 (42.823)		5:26.137 (42.832)	
58 Sullivan, Thomas	St. Anselm	5:27.59	5		
40.061 (40.061)	1:18.164 (38.104)	1:56.724 (38.560)		2:36.615 (39.891)	
3:17.417 (40.803)	4:01.251 (43.834)	4:45.413 (44.163)		5:27.588 (42.176)	
59 Healy, Aidan	Franklin Pierce	5:27.76	6		
41.053 (41.053)	1:22.042 (40.990)	2:04.150 (42.108)		2:46.112 (41.962)	
3:27.911 (41.800)	4:09.318 (41.407)	4:50.506 (41.188)		5:27.755 (37.250)	
60 Constant, Alexander	Emmanuel (Mass.)	5:40.56	6		
39.694 (39.694)	1:21.200 (41.506)	2:03.617 (42.417)		2:45.823 (42.207)	
3:29.450 (43.628)	4:14.619 (45.169)	4:59.727 (45.108)		5:40.554 (40.827)	
61 Guida, Andrew	Gbtc	5:41.73	6		
39.437 (39.437)	1:20.851 (41.415)	2:05.099 (44.248)		2:50.389 (45.290)	
3:35.084 (44.696)	4:20.430 (45.346)	5:05.738 (45.308)		5:41.722 (35.984)	
62 Humphrey, Kevin	Umass Lowell	5:44.78	6		
36.849 (36.849)	1:14.550 (37.702)	1:55.781 (41.231)		2:41.488 (45.708)	
3:27.635 (46.148)	4:13.913 (46.278)	5:01.168 (47.256)		5:44.773 (43.605)	

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 1 Mile Run**

63 Goldner, Owen	Northeastern	5:46.24	6		
40.078 (40.078)	1:21.455 (41.378)	2:03.150 (41.696)		2:45.182 (42.032)	
3:27.409 (42.227)	4:11.247 (43.839)	4:58.674 (47.427)		5:46.238 (47.565)	
64 Mori, Matthew	Hfc Striders	5:53.97	6		
41.521 (41.521)	1:26.748 (45.228)	2:14.133 (47.385)		3:01.828 (47.696)	
3:48.907 (47.080)	4:36.061 (47.154)	5:17.944 (41.884)		5:53.962 (36.019)	
65 Andrews, Kevin	Albany Colle	6:03.92	6		
38.246 (38.246)	1:21.469 (43.223)	2:07.061 (45.592)		2:56.191 (49.131)	
3:44.546 (48.355)	4:33.599 (49.054)	5:20.694 (47.095)		6:03.913 (43.220)	
66 Lemire, Christopher	Umass Lowell	6:06.42	6		
39.930 (39.930)	1:21.761 (41.832)	2:06.291 (44.531)		2:51.559 (45.268)	
3:39.446 (47.887)	4:28.896 (49.451)	5:17.826 (48.931)		6:06.412 (48.586)	

Men 3000 M Run

Name	Year School	Finals	H#		
1 Neff, Benjamin	Union (N.Y.)	8:33.43	1		
32.489 (32.489)	1:06.276 (33.787)	1:41.624 (35.348)		2:17.368 (35.744)	
2:52.760 (35.393)	3:27.820 (35.060)	4:02.300 (34.480)		4:36.803 (34.504)	
5:11.317 (34.515)	5:45.962 (34.645)	6:20.167 (34.205)		6:54.548 (34.382)	
7:28.129 (33.581)	8:01.639 (33.510)	8:33.421 (31.783)			
2 Boukhtam, Hatim	Umass Lowell	8:39.39	1		
33.289 (33.289)	1:08.292 (35.004)	1:44.034 (35.742)		2:19.871 (35.837)	
2:54.323 (34.452)	3:28.992 (34.669)	4:03.756 (34.765)		4:38.668 (34.912)	
5:12.867 (34.200)	5:47.166 (34.300)	6:21.428 (34.263)		6:57.540 (36.112)	
7:35.528 (37.988)	8:09.431 (33.904)	8:39.386 (29.956)			
3 Bendetson, Adam	Maine	8:44.44	1		
33.376 (33.376)	1:08.716 (35.340)	1:44.486 (35.771)		2:18.978 (34.492)	
2:54.622 (35.644)	3:29.481 (34.860)	4:04.420 (34.940)		4:39.683 (35.263)	
5:14.708 (35.026)	5:50.385 (35.677)	6:26.124 (35.740)		7:02.285 (36.161)	
7:37.840 (35.556)	8:12.244 (34.404)	8:44.432 (32.188)			
4 Abdirahman, Adnan	Umass Lowell	8:47.53	1		
33.564 (33.564)	1:08.512 (34.948)	1:44.278 (35.767)		2:20.146 (35.868)	
2:54.112 (33.967)	3:28.737 (34.625)	4:03.504 (34.768)		4:38.385 (34.881)	
5:12.591 (34.206)	5:46.875 (34.284)	6:21.121 (34.247)		6:57.284 (36.164)	
7:35.425 (38.141)	8:11.988 (36.563)	8:47.523 (35.536)			
5 Mahoney, Noah	Wesleyan	8:49.09	1		
31.847 (31.847)	1:06.167 (34.320)	1:41.547 (35.380)		2:17.278 (35.732)	
2:53.216 (35.938)	3:28.496 (35.281)	4:03.236 (34.740)		4:38.400 (35.165)	
5:13.553 (35.153)	5:48.726 (35.173)	6:24.336 (35.610)		7:00.546 (36.211)	
7:37.240 (36.694)	8:13.325 (36.086)	8:49.089 (35.764)			
6 Emery, Tom	Williams	8:50.79	1		
33.859 (33.859)	1:09.592 (35.734)	1:44.758 (35.166)		2:20.625 (35.868)	
2:55.589 (34.964)	3:30.781 (35.192)	4:05.947 (35.166)		4:41.304 (35.358)	
5:17.515 (36.211)	5:54.005 (36.491)	6:29.557 (35.552)		7:06.426 (36.869)	
7:42.493 (36.068)	8:18.166 (35.673)	8:50.784 (32.618)			
7 Pierce, Willy	Hartbeat Track Club	8:51.47	1		
34.267 (34.267)	1:09.992 (35.725)	1:45.410 (35.419)		2:21.126 (35.716)	
2:56.368 (35.242)	3:31.281 (34.914)	4:06.107 (34.826)		4:41.074 (34.968)	
5:17.196 (36.123)	5:53.481 (36.285)	6:29.813 (36.332)		7:06.624 (36.812)	
7:43.005 (36.381)	8:18.863 (35.858)	8:51.463 (32.600)			

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 3000 M Run**

8 Alexander, Henry	Williams	8:52.19	1		
32.808 (32.808)	1:07.589 (34.781)	1:43.386 (35.797)		2:19.523 (36.137)	
2:54.824 (35.302)	3:30.333 (35.509)	4:04.653 (34.320)		4:40.677 (36.024)	
5:16.821 (36.144)	5:53.444 (36.624)	6:29.795 (36.351)		7:06.303 (36.508)	
7:42.325 (36.023)	8:18.917 (36.592)	8:52.188 (33.271)			
9 Tierney, Keegan	Umass Lowell	8:52.82	1		
33.078 (33.078)	1:07.868 (34.790)	1:43.636 (35.769)		2:19.773 (36.137)	
2:54.681 (34.908)	3:29.826 (35.145)	4:04.863 (35.037)		4:40.547 (35.684)	
5:16.931 (36.384)	5:54.264 (37.334)	6:30.871 (36.607)		7:07.297 (36.427)	
7:43.824 (36.528)	8:19.884 (36.060)	8:52.820 (32.937)			
10 O'Connell, Ryan	Tracksmith B	8:57.98	1		
34.654 (34.654)	1:10.803 (36.149)	1:46.884 (36.082)		2:22.655 (35.771)	
2:58.169 (35.515)	3:34.000 (35.832)	4:10.161 (36.161)		4:46.594 (36.433)	
5:23.270 (36.676)	6:00.357 (37.088)	6:37.053 (36.696)		7:13.709 (36.656)	
7:50.084 (36.375)	8:25.255 (35.172)	8:57.972 (32.718)			
11 Lenes, Bruce	Wesleyan	9:01.72	1		
33.548 (33.548)	1:09.093 (35.545)	1:44.636 (35.543)		2:20.401 (35.766)	
2:55.259 (34.858)	3:30.105 (34.847)	4:04.876 (34.771)		4:39.615 (34.740)	
5:14.423 (34.808)	5:50.163 (35.740)	6:26.750 (36.588)		7:04.851 (38.101)	
7:43.781 (38.931)	8:23.016 (39.235)	9:01.712 (38.696)			
12 Burns, Jack	Maine	9:02.60	1		
33.589 (33.589)	1:09.330 (35.741)	1:44.899 (35.569)		2:20.607 (35.708)	
2:56.019 (35.412)	3:31.030 (35.012)	4:06.200 (35.171)		4:41.827 (35.627)	
5:18.093 (36.267)	5:55.125 (37.032)	6:32.828 (37.703)		7:10.740 (37.912)	
7:49.076 (38.337)	8:27.765 (38.689)	9:02.592 (34.828)			
13 Kittredge, Jonathan	Unattached	9:03.22	1		
32.946 (32.946)	1:07.678 (34.732)	1:43.462 (35.784)		2:19.606 (36.144)	
2:54.996 (35.390)	3:30.559 (35.564)	4:05.748 (35.190)		4:41.537 (35.789)	
5:17.808 (36.271)	5:54.840 (37.032)	6:32.119 (37.280)		7:10.415 (38.296)	
7:48.792 (38.377)	8:27.441 (38.650)	9:03.216 (35.775)			
14 Striff-Cave, Ethan	Williams	9:04.32	2		
34.934 (34.934)	1:12.665 (37.731)	1:49.885 (37.220)		2:26.919 (37.035)	
3:03.467 (36.548)	3:40.706 (37.239)	4:17.418 (36.713)		4:53.899 (36.481)	
5:30.790 (36.891)	6:06.282 (35.493)	6:42.008 (35.726)		7:18.596 (36.588)	
7:54.436 (35.840)	8:29.604 (35.168)	9:04.314 (34.711)			
15 Glowik, TJ	Umass Lowell	9:11.51	1		
33.120 (33.120)	1:08.052 (34.932)	1:43.852 (35.800)		2:19.986 (36.135)	
2:54.478 (34.492)	3:29.256 (34.779)	4:04.119 (34.863)		4:39.476 (35.357)	
5:16.323 (36.848)	5:54.602 (38.280)	6:33.720 (39.118)		7:14.169 (40.450)	
7:54.018 (39.849)	8:33.840 (39.823)	9:11.501 (37.661)			
16 McBirney, Kevin	Bridgewater St.	9:11.96	2		
33.534 (33.534)	1:11.979 (38.446)	1:49.403 (37.424)		2:26.422 (37.020)	
3:03.011 (36.589)	3:40.193 (37.182)	4:17.369 (37.176)		4:54.235 (36.867)	
5:31.678 (37.444)	6:09.387 (37.709)	6:47.934 (38.547)		7:26.602 (38.669)	
8:05.685 (39.083)	8:40.528 (34.844)	9:11.953 (31.425)			
17 Shapiro, Jasper	Battle Road	9:12.29	2		
33.611 (33.611)	1:12.307 (38.696)	1:50.000 (37.693)		2:26.686 (36.686)	
3:03.232 (36.547)	3:40.466 (37.235)	4:17.078 (36.612)		4:53.846 (36.769)	
5:31.374 (37.528)	6:07.954 (36.580)	6:45.088 (37.135)		7:23.253 (38.165)	
8:02.308 (39.056)	8:40.002 (37.694)	9:12.281 (32.280)			
18 Ackroyd, Kyle	Bridgewater St.	9:16.79	2		
35.337 (35.337)	1:13.822 (38.485)	1:52.569 (38.748)		2:29.734 (37.166)	
3:07.916 (38.182)	3:45.534 (37.618)	4:22.426 (36.892)		5:00.387 (37.962)	
5:36.839 (36.452)	6:15.070 (38.231)	6:51.394 (36.325)		7:28.734 (37.340)	
8:05.402 (36.668)	8:41.641 (36.239)	9:16.786 (35.145)			

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 3000 M Run**

19 Letellier, Neil	Merrimack	9:18.84	2		
33.294 (33.294)	1:11.747 (38.453)	1:49.089 (37.342)	2:26.137 (37.048)		
3:02.747 (36.611)	3:39.861 (37.114)	4:16.797 (36.936)	4:53.578 (36.782)		
5:31.114 (37.536)	6:08.871 (37.757)	6:47.245 (38.374)	7:26.356 (39.112)		
8:05.659 (39.304)	8:43.989 (38.330)	9:18.838 (34.850)			
20 Chicks, Matt	Bentley	9:20.71	1		
33.870 (33.870)	1:09.730 (35.860)	1:45.157 (35.428)	2:20.888 (35.732)		
2:56.164 (35.276)	3:31.323 (35.160)	4:06.682 (35.360)	4:42.424 (35.743)		
5:19.676 (37.252)	5:58.792 (39.116)	6:39.086 (40.295)	7:19.850 (40.764)		
8:00.685 (40.836)	8:40.963 (40.278)	9:20.706 (39.744)			
21 Daly, Patrick	Unattached	9:21.46	2		
33.314 (33.314)	1:12.126 (38.812)	1:49.642 (37.516)	2:25.854 (36.212)		
3:02.547 (36.693)	3:39.614 (37.068)	4:16.538 (36.924)	4:53.353 (36.815)		
5:30.746 (37.394)	6:07.297 (36.551)	6:45.284 (37.988)	7:24.565 (39.281)		
8:03.957 (39.392)	8:43.266 (39.309)	9:21.452 (38.187)			
22 Laws, Evan	Assumption	9:23.48	2		
34.321 (34.321)	1:12.981 (38.660)	1:51.493 (38.512)	2:29.314 (37.822)		
3:07.388 (38.074)	3:44.676 (37.288)	4:22.023 (37.348)	4:59.654 (37.632)		
5:37.246 (37.592)	6:14.809 (37.564)	6:52.887 (38.079)	7:31.453 (38.566)		
8:09.393 (37.940)	8:47.846 (38.453)	9:23.477 (35.632)			
23 Sebastyn, Mathew	Bentley	9:27.90	1		
33.105 (33.105)	1:08.040 (34.935)	1:43.820 (35.781)	2:20.276 (36.456)		
2:55.785 (35.509)	3:31.648 (35.863)	4:08.096 (36.448)	4:45.590 (37.495)		
5:23.991 (38.401)	6:03.977 (39.987)	6:44.697 (40.720)	7:26.072 (41.376)		
8:07.459 (41.387)	8:48.257 (40.799)	9:27.900 (39.644)			
24 Kittedge, Ryan	Unattached	9:28.26	2		
34.746 (34.746)	1:13.216 (38.471)	1:50.910 (37.694)	2:28.537 (37.628)		
3:05.774 (37.238)	3:42.533 (36.759)	4:20.319 (37.787)	4:57.857 (37.538)		
5:36.047 (38.191)	6:14.793 (38.746)	6:53.558 (38.766)	7:33.225 (39.667)		
8:12.922 (39.697)	8:51.831 (38.910)	9:28.257 (36.426)			
25 Terenzi, Jackson	Assumption	9:29.86	2		
34.212 (34.212)	1:12.478 (38.266)	1:50.830 (38.353)	2:28.717 (37.887)		
3:06.796 (38.080)	3:44.431 (37.636)	4:22.134 (37.703)	5:00.122 (37.989)		
5:38.304 (38.182)	6:17.108 (38.804)	6:56.232 (39.124)	7:35.046 (38.814)		
8:14.070 (39.024)	8:52.739 (38.670)	9:29.853 (37.114)			
26 Casey, Keller	Hartford	9:30.61	2		
35.041 (35.041)	1:13.146 (38.106)	1:51.196 (38.050)	2:29.031 (37.836)		
3:07.127 (38.096)	3:45.316 (38.189)	4:23.799 (38.484)	5:02.052 (38.253)		
5:41.174 (39.123)	6:20.459 (39.285)	6:59.848 (39.389)	7:39.762 (39.915)		
8:19.486 (39.724)	8:57.258 (37.773)	9:30.610 (33.352)			
27 Scopelites, Tyler	St. Anselm	9:34.74	3		
36.579 (36.579)	1:14.338 (37.759)	1:52.369 (38.032)	2:30.782 (38.413)		
3:10.542 (39.761)	3:49.741 (39.199)	4:27.768 (38.028)	5:05.675 (37.908)		
5:43.992 (38.317)	6:21.584 (37.592)	7:00.338 (38.755)	7:37.867 (37.529)		
8:17.537 (39.670)	8:56.962 (39.426)	9:34.738 (37.776)			
28 Curtin, Timothy	Assumption	9:35.89	2		
35.822 (35.822)	1:14.025 (38.203)	1:52.685 (38.660)	2:30.753 (38.068)		
3:08.794 (38.041)	3:47.042 (38.249)	4:25.271 (38.229)	5:03.335 (38.064)		
5:41.854 (38.520)	6:21.157 (39.303)	7:00.736 (39.580)	7:40.701 (39.965)		
8:20.750 (40.049)	9:00.286 (39.537)	9:35.886 (35.600)			
29 Esponilla, Clemente	Bard	9:36.17	2		
37.045 (37.045)	1:15.368 (38.324)	1:52.929 (37.561)	2:30.502 (37.573)		
3:08.334 (37.833)	3:46.054 (37.720)	4:23.860 (37.807)	5:02.177 (38.317)		
5:41.297 (39.120)	6:20.677 (39.380)	6:59.995 (39.319)	7:39.915 (39.920)		
8:19.442 (39.528)	8:58.648 (39.206)	9:36.165 (37.517)			

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 3000 M Run**

30 McIntyre, Trae	Hartford	9:38.93	2		
34.450 (34.450)	1:12.467 (38.018)	1:50.484 (38.017)	2:28.662 (38.178)		
3:06.451 (37.790)	3:44.661 (38.210)	4:23.321 (38.660)	5:02.398 (39.077)		
5:41.490 (39.093)	6:20.948 (39.458)	7:00.502 (39.554)	7:40.380 (39.879)		
8:20.601 (40.221)	9:00.965 (40.364)	9:38.930 (37.966)			
31 Hogan, Chris	St. Anselm	9:42.75	3		
36.362 (36.362)	1:14.269 (37.908)	1:51.820 (37.552)	2:30.684 (38.864)		
3:11.035 (40.352)	3:50.414 (39.380)	4:29.856 (39.442)	5:07.895 (38.040)		
5:47.966 (40.072)	6:29.403 (41.437)	7:10.510 (41.108)	7:51.875 (41.365)		
8:32.395 (40.520)	9:11.103 (38.708)	9:42.747 (31.644)			
32 Power, Finn	Bentley	9:46.83	2		
37.039 (37.039)	1:14.160 (37.121)	1:51.728 (37.568)	2:29.469 (37.741)		
3:07.662 (38.193)	3:44.955 (37.294)	4:22.757 (37.802)	5:00.779 (38.023)		
5:40.510 (39.731)	6:21.661 (41.152)	7:05.422 (43.762)	7:48.358 (42.936)		
8:30.007 (41.650)	9:10.017 (40.010)	9:46.823 (36.807)			
33 Cormier, Steven	St. Anselm	9:47.00	3		
36.852 (36.852)	1:14.540 (37.688)	1:52.586 (38.047)	2:31.189 (38.603)		
3:11.253 (40.064)	3:50.650 (39.397)	4:29.573 (38.924)	5:08.788 (39.216)		
5:48.300 (39.512)	6:28.907 (40.608)	7:09.424 (40.517)	7:49.585 (40.161)		
8:30.282 (40.698)	9:10.462 (40.180)	9:46.996 (36.534)			
34 Almeida, Alexavier	Bridgewater St.	9:48.19	3		
35.704 (35.704)	1:13.977 (38.273)	1:52.102 (38.126)	2:31.359 (39.257)		
3:11.380 (40.021)	3:50.752 (39.372)	4:30.008 (39.256)	5:09.073 (39.065)		
5:49.622 (40.550)	6:30.599 (40.977)	7:10.165 (39.566)	7:49.977 (39.812)		
8:30.608 (40.632)	9:10.690 (40.083)	9:48.182 (37.492)			
35 Goodwin, Kenneth	Bridgewater St.	9:50.00	2		
36.710 (36.710)	1:15.446 (38.736)	1:53.584 (38.138)	2:31.921 (38.337)		
3:09.966 (38.045)	3:49.375 (39.410)	4:28.447 (39.072)	5:07.192 (38.745)		
5:47.114 (39.922)	6:27.674 (40.560)	7:09.065 (41.392)	7:50.080 (41.016)		
8:31.771 (41.692)	9:12.392 (40.621)	9:49.993 (37.601)			
36 Main, Parker	Hartford	9:51.75	2		
35.502 (35.502)	1:13.531 (38.029)	1:52.293 (38.762)	2:31.377 (39.084)		
3:10.626 (39.249)	3:50.834 (40.209)	4:31.358 (40.524)	5:12.016 (40.658)		
5:52.381 (40.365)	6:33.061 (40.680)	7:13.454 (40.394)	7:53.710 (40.256)		
8:34.602 (40.892)	9:15.153 (40.551)	9:51.746 (36.594)			
37 Horan, Alex	St. Anselm	9:59.82	3		
35.342 (35.342)	1:13.998 (38.656)	1:51.929 (37.931)	2:31.023 (39.095)		
3:10.333 (39.310)	3:49.970 (39.638)	4:29.110 (39.140)	5:08.680 (39.570)		
5:49.393 (40.713)	6:31.318 (41.925)	7:12.898 (41.581)	7:55.462 (42.564)		
8:38.514 (43.052)	9:21.090 (42.576)	9:59.812 (38.723)			
38 Pereira, Ian	Assumption	10:10.25	2		
36.902 (36.902)	1:15.588 (38.686)	1:54.298 (38.711)	2:33.653 (39.355)		
3:12.744 (39.092)	3:52.685 (39.941)	4:33.773 (41.088)	5:15.025 (41.252)		
5:56.771 (41.747)	6:39.096 (42.325)	7:21.445 (42.349)	8:04.030 (42.585)		
8:47.059 (43.030)	9:29.287 (42.228)	10:10.243 (40.956)			
39 Abernethy, Wyatt	Bentley	10:15.62	3		
35.492 (35.492)	1:14.983 (39.492)	1:54.230 (39.248)	2:35.557 (41.327)		
3:16.948 (41.392)	3:58.857 (41.909)	4:41.102 (42.245)	5:24.309 (43.208)		
6:05.408 (41.100)	6:47.648 (42.240)	7:28.937 (41.289)	8:10.850 (41.914)		
8:54.222 (43.372)	9:37.218 (42.996)	10:15.617 (38.399)			
40 Hopwood, Bo	Bard	10:16.83	3		
39.083 (39.083)	1:19.718 (40.635)	2:02.383 (42.666)	2:44.737 (42.354)		
3:27.170 (42.434)	4:09.204 (42.034)	4:51.221 (42.017)	5:32.233 (41.012)		
6:14.308 (42.076)	6:56.114 (41.806)	7:37.886 (41.772)	8:19.515 (41.630)		
9:01.847 (42.332)	9:42.732 (40.885)	10:16.821 (34.089)			

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 3000 M Run**

41 Bloodgood, Able	Bard	10:17.95	3		
36.669 (36.669)	1:17.446 (40.777)	1:58.646 (41.200)		2:39.814 (41.168)	
3:22.358 (42.545)	4:04.546 (42.188)	4:46.962 (42.416)		5:28.658 (41.696)	
6:10.764 (42.107)	6:52.346 (41.583)	7:33.945 (41.599)		8:16.202 (42.258)	
8:58.506 (42.304)	9:40.523 (42.018)	10:17.947 (37.424)			
42 Miller, Josh	Hfc Striders	10:23.93	3		
37.165 (37.165)	1:17.534 (40.370)	1:57.661 (40.127)		2:38.447 (40.787)	
3:19.443 (40.996)	3:58.652 (39.209)	4:40.708 (42.056)		5:23.927 (43.220)	
6:07.666 (43.740)	6:51.262 (43.596)	7:35.986 (44.724)		8:20.461 (44.476)	
9:04.964 (44.504)	9:48.738 (43.774)	10:23.921 (35.184)			
43 Westenberg, David	Greater Lowe	10:32.64	3		
40.665 (40.665)	1:22.167 (41.503)	2:04.438 (42.271)		2:46.544 (42.107)	
3:27.999 (41.456)	4:09.410 (41.411)	4:51.970 (42.561)		5:34.667 (42.697)	
6:18.337 (43.670)	7:01.534 (43.198)	7:43.447 (41.913)		8:25.830 (42.384)	
9:09.023 (43.193)	9:51.689 (42.666)	10:32.640 (40.952)			
44 Rodden, Nick	Bridgewater St.	10:36.83	3		
40.314 (40.314)	1:21.863 (41.550)	2:04.160 (42.297)		2:46.101 (41.941)	
3:27.739 (41.639)	4:09.057 (41.318)	4:51.511 (42.455)		5:34.324 (42.813)	
6:17.830 (43.507)	7:01.694 (43.864)	7:44.332 (42.639)		8:28.465 (44.133)	
9:13.002 (44.538)	9:57.498 (44.496)	10:36.826 (39.328)			
45 Sigman, Zach	Regis (Mass.)	10:37.36	3		
38.350 (38.350)	1:18.983 (40.633)	2:00.798 (41.815)		2:42.697 (41.900)	
3:24.247 (41.551)	4:07.138 (42.892)	4:50.933 (43.795)		5:34.444 (43.512)	
6:18.493 (44.049)	7:02.294 (43.801)	7:46.338 (44.044)		8:31.418 (45.081)	
9:14.877 (43.459)	9:58.397 (43.520)	10:37.353 (38.956)			
46 Lynch, Andrew	Northeastern	10:47.23	3		
36.305 (36.305)	1:16.917 (40.612)	1:58.214 (41.298)		2:39.363 (41.149)	
3:22.111 (42.748)	4:05.055 (42.944)	4:49.246 (44.191)		5:34.210 (44.964)	
6:18.040 (43.831)	7:02.613 (44.573)	7:46.292 (43.680)		8:31.284 (44.992)	
9:16.615 (45.332)	10:03.800 (47.185)	10:47.222 (43.423)			
47 Longo, Nicholas	St. Anselm	11:25.57	3		
40.013 (40.013)	1:21.387 (41.375)	2:03.996 (42.609)		2:47.537 (43.541)	
3:31.971 (44.435)	4:17.770 (45.800)	5:04.393 (46.623)		5:51.064 (46.672)	
6:40.068 (49.004)	7:29.495 (49.428)	8:18.934 (49.439)		9:09.923 (50.990)	
9:59.722 (49.800)	10:48.226 (48.504)	11:25.562 (37.336)			
48 Kum, David	Albany Colle	11:35.68	3		
39.397 (39.397)	1:22.527 (43.131)	2:05.889 (43.362)		2:53.685 (47.796)	
3:42.006 (48.321)	4:30.942 (48.936)	5:15.719 (44.778)		6:03.769 (48.050)	
6:52.115 (48.347)	7:39.637 (47.522)	8:26.747 (47.111)		9:14.664 (47.917)	
10:02.906 (48.243)	10:51.078 (48.172)	11:35.675 (44.597)			
49 Shakow, Matthew	Albany Colle	12:19.37	3		
36.953 (36.953)	1:18.286 (41.334)	2:03.794 (45.508)		2:53.454 (49.661)	
3:44.710 (51.256)	4:36.763 (52.054)	5:29.185 (52.422)		6:19.430 (50.245)	
7:09.590 (50.160)	8:03.094 (53.504)	8:56.650 (53.557)		9:49.549 (52.899)	
10:43.035 (53.487)	11:36.378 (53.344)	12:19.363 (42.985)			
50 Lemire, Christopher	Umass Lowell	12:20.74	3		
37.542 (37.542)	1:19.712 (42.170)	2:05.395 (45.684)		2:53.114 (47.719)	
3:41.518 (48.405)	4:31.206 (49.688)	5:21.838 (50.633)		6:13.149 (51.311)	
7:04.812 (51.664)	7:56.786 (51.975)	8:50.808 (54.022)		9:45.187 (54.380)	
10:40.155 (54.968)	11:33.072 (52.917)	12:20.738 (47.667)			
51 Mori, Matthew	Hfc Striders	12:36.98	3		
43.461 (43.461)	1:33.490 (50.030)	2:23.424 (49.934)		3:13.130 (49.707)	
4:03.616 (50.486)	4:53.866 (50.251)	5:46.738 (52.872)		6:37.267 (50.530)	
7:28.280 (51.013)	8:20.481 (52.201)	9:11.827 (51.347)		10:04.562 (52.735)	
10:58.718 (54.156)	11:48.820 (50.103)	12:36.979 (48.160)			

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-- Vanderwood, Grey	Maine	DNF	2
36.858 (36.858)	1:16.038 (39.180)	1:55.396 (39.359)	2:35.782 (40.386)

Men 5000 M Run

Name	Year	School	Finals	H#
1 Lehmann Duke, Jacob		Williams	14:58.02	1
34.438 (34.438)	1:12.006 (37.568)	1:48.064 (36.058)	2:23.221 (35.157)	
2:58.563 (35.343)	3:34.679 (36.116)	4:10.228 (35.549)	4:45.981 (35.753)	
5:22.295 (36.315)	5:58.196 (35.901)	6:34.561 (36.366)	7:10.205 (35.644)	
7:47.398 (37.194)	8:24.513 (37.115)	9:00.945 (36.432)	9:37.153 (36.208)	
10:14.317 (37.164)	10:51.977 (37.660)	11:27.665 (35.688)	12:03.435 (35.771)	
12:39.575 (36.140)	13:15.904 (36.329)	13:51.667 (35.764)	14:26.366 (34.700)	
14:58.015 (31.649)				
2 Ferreras, Albert		Merrimack	14:59.89	1
33.806 (33.806)	1:09.766 (35.960)	1:44.915 (35.149)	2:19.993 (35.079)	
2:56.231 (36.238)	3:31.753 (35.522)	4:07.925 (36.173)	4:43.725 (35.800)	
5:20.219 (36.495)	5:56.453 (36.234)	6:32.425 (35.973)	7:09.477 (37.052)	
7:47.161 (37.684)	8:24.112 (36.952)	9:00.965 (36.853)	9:37.506 (36.542)	
10:14.652 (37.146)	10:52.629 (37.977)	11:28.473 (35.844)	12:04.505 (36.032)	
12:41.185 (36.681)	13:16.863 (35.678)	13:54.197 (37.335)	14:29.694 (35.497)	
14:59.887 (30.193)				
3 Outerbridge, Ryan		Franklin Pierce	15:08.12	1
34.199 (34.199)	1:10.510 (36.312)	1:44.925 (34.415)	2:19.565 (34.640)	
2:55.682 (36.118)	3:31.168 (35.486)	4:07.126 (35.959)	4:43.707 (36.581)	
5:20.530 (36.824)	5:56.837 (36.307)	6:32.626 (35.790)	7:09.721 (37.095)	
7:47.384 (37.664)	8:24.125 (36.741)	9:00.646 (36.522)	9:37.274 (36.628)	
10:14.389 (37.115)	10:52.399 (38.011)	11:28.123 (35.724)	12:04.717 (36.595)	
12:41.518 (36.801)	13:18.238 (36.720)	13:55.801 (37.563)	14:32.722 (36.922)	
15:08.112 (35.390)				
4 Steeves, Ben		Old Goat Track Club	15:14.31	1
34.229 (34.229)	1:11.337 (37.109)	1:46.973 (35.636)	2:22.347 (35.375)	
2:57.225 (34.878)	3:33.437 (36.212)	4:09.101 (35.664)	4:44.872 (35.772)	
5:21.418 (36.547)	5:57.799 (36.381)	6:34.137 (36.339)	7:10.733 (36.596)	
7:48.019 (37.287)	8:25.027 (37.008)	9:02.025 (36.999)	9:39.639 (37.614)	
10:17.300 (37.661)	10:55.649 (38.350)	11:33.979 (38.330)	12:11.649 (37.671)	
12:49.380 (37.731)	13:27.439 (38.060)	14:04.740 (37.301)	14:40.344 (35.604)	
15:14.305 (33.962)				
5 St. Laurent, Bradley		Williams	15:15.94	2
38.001 (38.001)	1:16.069 (38.068)	1:52.529 (36.460)	2:29.688 (37.160)	
3:07.063 (37.376)	3:43.969 (36.906)	4:21.158 (37.190)	4:57.507 (36.349)	
5:34.047 (36.540)	6:10.864 (36.817)	6:47.437 (36.574)	7:24.088 (36.651)	
8:01.290 (37.203)	8:39.394 (38.104)	9:16.549 (37.156)	9:53.419 (36.870)	
10:29.908 (36.489)	11:06.357 (36.449)	11:43.845 (37.489)	12:20.899 (37.054)	
12:57.488 (36.589)	13:33.983 (36.496)	14:10.174 (36.192)	14:45.626 (35.452)	
15:15.932 (30.306)				
6 Kartsonis, Sam		Bates	15:16.07	1
33.945 (33.945)	1:10.261 (36.317)	1:44.689 (34.428)	2:19.287 (34.598)	
2:55.392 (36.105)	3:30.893 (35.501)	4:06.894 (36.002)	4:43.470 (36.576)	
5:20.303 (36.833)	5:56.657 (36.355)	6:32.839 (36.182)	7:09.867 (37.028)	
7:47.769 (37.902)	8:24.809 (37.040)	9:01.493 (36.685)	9:38.006 (36.513)	
10:15.073 (37.068)	10:52.892 (37.819)	11:30.182 (37.291)	12:07.992 (37.810)	
12:45.838 (37.847)	13:24.797 (38.960)	14:03.891 (39.094)	14:41.432 (37.541)	
15:16.069 (34.638)				

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7	Huston, Benjamin	Bates	15:16.09	1			
	33.508 (33.508)	1:09.082 (35.575)	1:43.985 (34.903)		2:18.993 (35.008)		
	2:55.085 (36.092)	3:30.570 (35.486)	4:06.597 (36.028)		4:43.104 (36.507)		
	5:20.100 (36.996)	5:56.097 (35.997)	6:32.037 (35.940)		7:09.132 (37.096)		
	7:46.905 (37.774)	8:23.411 (36.506)	9:00.147 (36.736)		9:37.053 (36.907)		
	10:14.198 (37.145)	10:52.203 (38.005)	11:29.281 (37.078)		12:07.785 (38.505)		
	12:46.763 (38.978)	13:26.085 (39.322)	14:05.070 (38.986)		14:41.067 (35.997)		
	15:16.086 (35.020)						
8	Kleiman, Cameron	Mit	15:17.13	2			
	37.421 (37.421)	1:14.000 (36.579)	1:50.604 (36.604)		2:27.695 (37.092)		
	3:05.335 (37.640)	3:41.287 (35.952)	4:18.134 (36.848)		4:54.473 (36.340)		
	5:31.009 (36.536)	6:07.743 (36.734)	6:44.325 (36.583)		7:21.071 (36.746)		
	7:57.770 (36.700)	8:34.529 (36.760)	9:11.331 (36.802)		9:48.190 (36.860)		
	10:24.790 (36.600)	11:01.849 (37.060)	11:39.008 (37.159)		12:16.514 (37.507)		
	12:53.581 (37.067)	13:30.303 (36.723)	14:07.050 (36.748)		14:43.033 (35.983)		
	15:17.121 (34.088)						
9	Trantanella, Ben	Union (N.Y.)	15:22.70	1			
	34.243 (34.243)	1:11.123 (36.880)	1:45.897 (34.774)		2:21.306 (35.410)		
	2:57.015 (35.709)	3:33.219 (36.204)	4:09.388 (36.169)		4:45.347 (35.960)		
	5:22.113 (36.767)	5:58.777 (36.664)	6:35.533 (36.756)		7:12.661 (37.128)		
	7:50.309 (37.648)	8:28.054 (37.746)	9:05.485 (37.432)		9:43.243 (37.758)		
	10:21.373 (38.130)	10:59.178 (37.806)	11:37.409 (38.231)		12:15.601 (38.193)		
	12:53.432 (37.831)	13:32.061 (38.629)	14:10.282 (38.222)		14:48.041 (37.759)		
	15:22.693 (34.653)						
10	Zanuck, Luke	Williams	15:24.74	2			
	36.338 (36.338)	1:12.953 (36.616)	1:50.024 (37.071)		2:27.236 (37.212)		
	3:04.937 (37.702)	3:42.069 (37.132)	4:19.077 (37.008)		4:54.729 (35.653)		
	5:31.272 (36.543)	6:08.010 (36.739)	6:44.580 (36.570)		7:21.353 (36.774)		
	7:58.061 (36.708)	8:34.801 (36.741)	9:11.609 (36.808)		9:48.535 (36.926)		
	10:25.069 (36.535)	11:02.371 (37.302)	11:40.647 (38.276)		12:18.547 (37.900)		
	12:56.135 (37.588)	13:33.661 (37.527)	14:10.684 (37.023)		14:48.190 (37.507)		
	15:24.735 (36.545)						
11	Allewa, Michael	Merrimack	15:25.35	1			
	34.590 (34.590)	1:12.061 (37.471)	1:47.605 (35.545)		2:22.673 (35.068)		
	2:58.047 (35.375)	3:34.169 (36.122)	4:09.741 (35.572)		4:45.797 (36.057)		
	5:21.956 (36.159)	5:58.420 (36.464)	6:35.009 (36.590)		7:12.106 (37.097)		
	7:49.589 (37.484)	8:26.462 (36.873)	9:03.888 (37.426)		9:42.181 (38.294)		
	10:20.976 (38.795)	11:00.038 (39.063)	11:38.637 (38.599)		12:16.919 (38.283)		
	12:55.333 (38.415)	13:33.353 (38.020)	14:11.165 (37.813)		14:48.785 (37.620)		
	15:25.346 (36.561)						
12	Alekson, Charles	Union (N.Y.)	15:28.66	1			
	33.129 (33.129)	1:08.552 (35.424)	1:43.633 (35.081)		2:18.524 (34.892)		
	2:54.741 (36.217)	3:30.241 (35.500)	4:06.329 (36.089)		4:42.793 (36.464)		
	5:19.825 (37.033)	5:55.859 (36.034)	6:31.783 (35.924)		7:08.882 (37.100)		
	7:46.654 (37.772)	8:23.716 (37.062)	9:01.207 (37.492)		9:40.046 (38.840)		
	10:19.915 (39.869)	11:00.200 (40.285)	11:40.532 (40.332)		12:20.991 (40.460)		
	12:59.921 (38.931)	13:39.801 (39.880)	14:19.337 (39.536)		14:54.929 (35.593)		
	15:28.659 (33.730)						

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13 Gaudette, Logan	Old Goat Track Club	15:31.13	1		
34.073 (34.073)	1:10.866 (36.793)	1:46.731 (35.865)	2:22.184 (35.453)		
2:57.605 (35.421)	3:34.094 (36.490)	4:10.251 (36.157)	4:46.705 (36.455)		
5:23.120 (36.415)	6:00.330 (37.211)	6:37.740 (37.410)	7:14.936 (37.196)		
7:52.648 (37.712)	8:30.753 (38.105)	9:09.020 (38.268)	9:47.446 (38.427)		
10:26.529 (39.084)	11:05.528 (38.999)	11:44.905 (39.378)	12:24.044 (39.139)		
13:03.168 (39.124)	13:41.714 (38.547)	14:20.457 (38.744)	14:58.077 (37.620)		
15:31.121 (33.044)					
14 Gonzalez, Trey	Merrimack	15:31.97	1		
33.737 (33.737)	1:09.477 (35.741)	1:45.169 (35.692)	2:20.481 (35.312)		
2:56.641 (36.160)	3:32.701 (36.060)	4:08.612 (35.911)	4:44.451 (35.840)		
5:21.170 (36.720)	5:57.532 (36.362)	6:34.380 (36.848)	7:11.221 (36.842)		
7:48.418 (37.197)	8:25.637 (37.220)	9:03.549 (37.912)	9:42.101 (38.553)		
10:20.832 (38.731)	10:59.845 (39.013)	11:38.431 (38.587)	12:16.877 (38.446)		
12:55.834 (38.958)	13:34.971 (39.137)	14:14.470 (39.500)	14:53.760 (39.290)		
15:31.961 (38.201)					
15 Ross, Logan	Maine	15:32.03	2		
37.942 (37.942)	1:16.205 (38.264)	1:52.747 (36.542)	2:29.555 (36.808)		
3:06.805 (37.251)	3:43.721 (36.916)	4:20.948 (37.227)	4:57.241 (36.294)		
5:33.259 (36.018)	6:10.349 (37.091)	6:47.170 (36.821)	7:23.864 (36.694)		
8:01.101 (37.238)	8:39.251 (38.150)	9:17.134 (37.884)	9:54.281 (37.147)		
10:32.055 (37.775)	11:09.701 (37.646)	11:48.039 (38.339)	12:26.361 (38.323)		
13:04.701 (38.340)	13:42.822 (38.121)	14:20.589 (37.767)	14:58.281 (37.693)		
15:32.024 (33.743)					
16 Ward, Aidan	Wesleyan	15:32.64	2		
35.786 (35.786)	1:12.381 (36.596)	1:49.457 (37.076)	2:26.731 (37.275)		
3:04.415 (37.684)	3:41.546 (37.132)	4:18.549 (37.004)	4:55.215 (36.666)		
5:31.953 (36.739)	6:09.033 (37.080)	6:45.852 (36.819)	7:23.033 (37.181)		
8:00.667 (37.635)	8:39.005 (38.339)	9:17.119 (38.114)	9:54.849 (37.730)		
10:32.593 (37.744)	11:10.737 (38.145)	11:49.087 (38.350)	12:27.320 (38.233)		
13:05.338 (38.019)	13:43.846 (38.508)	14:22.722 (38.876)	15:01.007 (38.285)		
15:32.633 (31.626)					
17 Coakley, Billy	Merrimack	15:35.45	1		
32.822 (32.822)	1:08.278 (35.456)	1:43.363 (35.085)	2:18.213 (34.851)		
2:54.470 (36.257)	3:29.943 (35.473)	4:06.032 (36.089)	4:42.477 (36.445)		
5:19.533 (37.057)	5:56.347 (36.814)	6:32.163 (35.816)	7:09.267 (37.104)		
7:47.272 (38.005)	8:24.533 (37.262)	9:02.809 (38.276)	9:41.785 (38.977)		
10:21.763 (39.978)	11:01.136 (39.373)	11:42.024 (40.888)	12:23.876 (41.852)		
13:02.810 (38.935)	13:43.226 (40.416)	14:23.190 (39.964)	14:59.733 (36.544)		
15:35.441 (35.708)					
18 Poholek, Ryan	Progressive Running	15:39.97	2		
36.614 (36.614)	1:13.155 (36.541)	1:50.255 (37.100)	2:27.465 (37.210)		
2:28.510 (1.046)	3:05.216 (36.706)	3:42.244 (37.028)	4:19.553 (37.310)		
4:55.421 (35.868)	5:31.518 (36.098)	6:08.325 (36.808)	6:45.075 (36.750)		
7:22.622 (37.548)	8:00.359 (37.737)	8:38.725 (38.367)	9:16.904 (38.179)		
9:55.320 (38.416)	10:33.258 (37.939)	11:11.845 (38.587)	11:51.126 (39.282)		
12:31.211 (40.085)	13:10.231 (39.020)	13:50.493 (40.262)	15:07.905 (1:17.413)		
15:39.963 (32.058)					

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 5000 M Run**

19 Duval, Cole	Bentley	15:40.05	1		
35.167 (35.167)	1:12.546 (37.380)	1:48.315 (35.769)	2:23.731 (35.416)		
2:59.239 (35.508)	3:35.950 (36.712)	4:13.076 (37.126)	4:49.817 (36.742)		
5:27.202 (37.385)	6:04.661 (37.459)	6:42.095 (37.435)	7:19.604 (37.509)		
7:56.858 (37.255)	8:34.359 (37.501)	9:13.202 (38.844)	9:52.148 (38.946)		
10:32.546 (40.399)	11:12.797 (40.251)	11:51.800 (39.004)	12:30.738 (38.939)		
13:09.889 (39.152)	13:49.923 (40.034)	14:28.388 (38.465)	15:05.633 (37.246)		
15:40.044 (34.411)					
20 Lombardi, Jack	Merrimack	15:41.77	2		
37.272 (37.272)	1:15.243 (37.972)	1:51.786 (36.544)	2:28.764 (36.978)		
3:06.331 (37.568)	3:43.444 (37.113)	4:20.736 (37.292)	4:57.405 (36.670)		
5:33.709 (36.304)	6:10.944 (37.235)	6:49.189 (38.246)	7:26.127 (36.938)		
8:03.598 (37.472)	8:41.222 (37.624)	9:19.138 (37.916)	9:57.491 (38.353)		
10:35.576 (38.085)	11:14.737 (39.162)	11:54.082 (39.345)	12:33.290 (39.208)		
13:11.414 (38.124)	13:50.207 (38.793)	14:29.614 (39.408)	15:08.693 (39.080)		
15:41.761 (33.068)					
21 Grenier, Harrison	Maine	15:42.66	2		
37.756 (37.756)	1:15.525 (37.769)	1:52.219 (36.695)	2:29.142 (36.924)		
3:06.823 (37.681)	3:44.294 (37.472)	4:21.397 (37.104)	4:57.822 (36.425)		
5:33.843 (36.021)	6:11.153 (37.310)	6:48.541 (37.388)	7:25.852 (37.312)		
8:03.851 (38.000)	8:41.608 (37.757)	9:19.563 (37.956)	9:57.981 (38.418)		
10:36.068 (38.088)	11:14.361 (38.293)	11:53.321 (38.960)	12:32.574 (39.254)		
13:10.973 (38.399)	13:49.510 (38.538)	14:28.941 (39.432)	15:06.945 (38.004)		
15:42.656 (35.711)					
22 Darrah, Tad	Franklin Pierce	15:46.87	1		
34.595 (34.595)	1:11.820 (37.225)	1:47.356 (35.536)	2:21.886 (34.531)		
2:57.807 (35.921)	3:34.338 (36.532)	4:09.650 (35.312)	4:45.567 (35.917)		
5:22.470 (36.904)	6:00.010 (37.540)	6:38.181 (38.172)	7:16.193 (38.012)		
7:54.957 (38.765)	8:33.741 (38.784)	9:13.452 (39.711)	9:52.477 (39.025)		
10:32.301 (39.824)	11:12.545 (40.245)	11:52.094 (39.549)	12:31.703 (39.609)		
13:12.020 (40.317)	13:52.126 (40.107)	14:30.962 (38.836)	15:09.193 (38.232)		
15:46.869 (37.676)					
23 Allen, Avery	Williams	15:47.01	2		
37.392 (37.392)	1:14.752 (37.360)	1:51.284 (36.532)	2:28.347 (37.064)		
3:05.883 (37.536)	3:42.913 (37.031)	4:20.203 (37.290)	4:56.777 (36.574)		
5:33.013 (36.236)	6:10.058 (37.046)	6:47.437 (37.380)	7:24.660 (37.223)		
8:02.227 (37.568)	8:40.465 (38.238)	9:18.731 (38.267)	9:57.770 (39.040)		
10:36.311 (38.541)	11:14.641 (38.330)	11:53.800 (39.160)	12:33.080 (39.280)		
13:11.941 (38.862)	13:50.911 (38.970)	14:30.469 (39.558)	15:09.877 (39.408)		
15:47.002 (37.126)					
24 Clark, Evan	Assumption	15:51.14	2		
37.145 (37.145)	1:13.785 (36.640)	1:50.837 (37.053)	2:28.096 (37.259)		
3:05.605 (37.510)	3:42.490 (36.885)	4:19.817 (37.328)	4:56.316 (36.499)		
5:32.669 (36.354)	6:09.707 (37.038)	6:47.320 (37.613)	7:25.228 (37.908)		
8:04.313 (39.085)	8:43.389 (39.076)	9:22.016 (38.628)	10:01.649 (39.633)		
10:41.401 (39.752)	11:21.097 (39.697)	12:00.979 (39.882)	12:40.705 (39.727)		
13:21.026 (40.321)	14:00.536 (39.510)	14:39.976 (39.440)	15:16.507 (36.532)		
15:51.131 (34.624)					

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 5000 M Run**

25 Carroll, Joseph	Assumption	15:51.31	1		
34.748 (34.748)	1:12.381 (37.634)	1:47.873 (35.492)	2:22.890 (35.017)		
2:58.251 (35.361)	3:34.424 (36.173)	4:10.031 (35.608)	4:46.036 (36.005)		
5:22.713 (36.677)	6:00.091 (37.379)	6:37.849 (37.759)	7:15.869 (38.020)		
7:54.673 (38.804)	8:34.121 (39.449)	9:13.843 (39.722)	9:52.943 (39.100)		
10:32.857 (39.914)	11:13.069 (40.213)	11:52.765 (39.696)	12:32.768 (40.004)		
13:12.770 (40.003)	13:53.365 (40.595)	14:33.685 (40.320)	15:13.182 (39.498)		
15:51.308 (38.126)					
26 Dupill, Aidan	Merrimack	15:53.29	2		
36.614 (36.614)	1:13.393 (36.780)	1:50.447 (37.054)	2:27.197 (36.751)		
3:05.074 (37.877)	3:42.001 (36.928)	4:19.309 (37.308)	4:55.673 (36.365)		
5:32.120 (36.447)	6:08.677 (36.557)	6:45.395 (36.719)	7:21.961 (36.567)		
7:59.283 (37.322)	8:37.101 (37.819)	9:15.347 (38.246)	9:53.812 (38.465)		
10:32.307 (38.496)	11:10.317 (38.010)	11:49.693 (39.376)	12:29.702 (40.010)		
13:10.542 (40.840)	13:50.515 (39.973)	14:31.887 (41.372)	15:13.642 (41.756)		
15:53.290 (39.648)					
27 Driscoll, Charles	Assumption	15:56.39	2		
37.493 (37.493)	1:14.939 (37.446)	1:51.499 (36.560)	2:28.510 (37.012)		
3:06.132 (37.622)	3:43.169 (37.037)	4:20.468 (37.300)	4:57.053 (36.586)		
5:33.456 (36.403)	6:10.649 (37.193)	6:47.843 (37.195)	7:25.467 (37.624)		
8:04.073 (38.606)	8:42.372 (38.300)	9:21.290 (38.919)	10:00.433 (39.144)		
10:39.765 (39.332)	11:19.152 (39.387)	11:59.485 (40.333)	12:39.108 (39.624)		
13:19.061 (39.954)	13:58.996 (39.935)	14:39.036 (40.040)	15:18.278 (39.243)		
15:56.385 (38.107)					
28 Macklin, Fisher	Maine	15:57.29	1		
34.368 (34.368)	1:11.591 (37.224)	1:47.196 (35.605)	2:21.695 (34.500)		
2:56.603 (34.908)	3:31.972 (35.369)	4:07.998 (36.027)	4:43.954 (35.956)		
5:20.781 (36.828)	5:57.147 (36.366)	6:33.813 (36.667)	7:11.643 (37.830)		
7:50.114 (38.472)	8:30.248 (40.134)	9:11.619 (41.372)	9:51.900 (40.281)		
10:32.508 (40.608)	11:13.486 (40.979)	11:54.631 (41.145)	12:35.552 (40.921)		
13:16.761 (41.210)	13:57.400 (40.639)	14:37.933 (40.533)	15:17.786 (39.854)		
15:57.281 (39.495)					
29 Yatsuhashi, Andrew	Old Goat Track Club	16:01.21	2		
38.777 (38.777)	1:16.953 (38.176)	1:53.385 (36.432)	2:30.434 (37.050)		
3:07.573 (37.140)	3:44.918 (37.345)	4:22.125 (37.207)	4:59.412 (37.288)		
5:36.095 (36.684)	6:13.152 (37.057)	6:51.050 (37.899)	7:28.613 (37.564)		
8:06.653 (38.040)	8:44.586 (37.933)	9:23.097 (38.512)	10:01.481 (38.384)		
10:40.305 (38.825)	11:20.302 (39.997)	12:01.853 (41.552)	12:43.362 (41.509)		
13:23.842 (40.480)	14:04.309 (40.467)	14:44.314 (40.006)	15:23.189 (38.875)		
16:01.205 (38.016)					
30 Teeter, Jonas	Unattached	16:04.63	3		
36.226 (36.226)	1:14.198 (37.972)	1:50.827 (36.629)	2:26.949 (36.122)		
3:03.409 (36.461)	3:40.565 (37.156)	4:17.557 (36.993)	4:54.897 (37.340)		
5:33.097 (38.201)	6:10.947 (37.850)	6:49.911 (38.964)	7:28.788 (38.877)		
8:07.717 (38.929)	8:46.853 (39.136)	9:25.349 (38.497)	10:04.812 (39.463)		
10:43.761 (38.949)	11:23.213 (39.452)	12:03.995 (40.783)	12:44.139 (40.144)		
13:24.743 (40.604)	14:05.365 (40.622)	14:45.612 (40.248)	15:26.661 (41.049)		
16:04.625 (37.965)					

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 5000 M Run**

31 Wise, Will	Wesleyan	16:12.82	2		
36.081 (36.081)	1:12.659 (36.578)	1:49.737 (37.078)	2:26.997 (37.261)		
3:04.667 (37.670)	3:41.815 (37.148)	4:18.799 (36.984)	4:55.553 (36.755)		
5:32.841 (37.288)	6:10.627 (37.787)	6:48.889 (38.262)	7:27.507 (38.619)		
8:07.069 (39.562)	8:46.972 (39.904)	9:26.743 (39.772)	10:07.854 (41.112)		
10:48.340 (40.486)	11:29.175 (40.836)	12:09.788 (40.613)	12:52.277 (42.489)		
13:32.891 (40.615)	14:13.861 (40.970)	14:54.998 (41.138)	15:35.497 (40.500)		
16:12.819 (37.322)					
32 Mihelich, Logan	Franklin Pierce	16:24.90	3		
36.321 (36.321)	1:14.677 (38.356)	1:51.955 (37.279)	2:29.939 (37.984)		
3:08.924 (38.985)	3:48.012 (39.088)	4:27.895 (39.884)	5:06.311 (38.416)		
5:45.782 (39.472)	6:26.548 (40.766)	7:07.921 (41.374)	7:47.983 (40.062)		
8:28.906 (40.924)	9:08.745 (39.840)	9:48.703 (39.958)	10:29.403 (40.700)		
11:09.679 (40.276)	11:50.217 (40.539)	12:31.172 (40.955)	13:11.652 (40.480)		
13:51.823 (40.172)	14:31.909 (40.087)	15:11.427 (39.518)	15:49.261 (37.834)		
16:24.893 (35.632)					
33 Lampe, Max	Bentley	16:26.43	3		
37.165 (37.165)	1:17.056 (39.892)	1:58.743 (41.688)	2:39.013 (40.271)		
3:18.381 (39.368)	3:59.081 (40.700)	4:38.720 (39.640)	5:17.921 (39.202)		
5:56.356 (38.435)	6:35.621 (39.266)	7:14.619 (38.998)	7:54.413 (39.795)		
8:34.326 (39.913)	9:15.186 (40.860)	9:54.867 (39.681)	10:33.753 (38.887)		
11:12.489 (38.736)	11:51.556 (39.068)	12:31.814 (40.259)	13:12.442 (40.628)		
13:52.373 (39.932)	14:32.446 (40.073)	15:11.790 (39.344)	15:49.986 (38.196)		
16:26.423 (36.437)					
34 Simoneau, Alex	Old Goat Track Club	16:31.62	2		
38.345 (38.345)	1:16.505 (38.160)	1:53.003 (36.499)	2:30.055 (37.052)		
3:07.317 (37.263)	3:44.595 (37.278)	4:21.832 (37.237)	4:58.640 (36.808)		
5:35.585 (36.946)	6:12.809 (37.224)	6:50.754 (37.945)	7:28.880 (38.126)		
8:06.884 (38.004)	8:44.861 (37.978)	9:23.381 (38.520)	10:01.764 (38.384)		
10:40.019 (38.256)	11:18.865 (38.847)	11:59.947 (41.082)	12:42.524 (42.577)		
13:30.665 (48.141)	14:17.977 (47.312)	15:05.519 (47.543)	15:53.219 (47.700)		
16:31.618 (38.400)					
35 Breimer, Thomas	Union (N.Y.)	16:32.33	4		
35.074 (35.074)	1:13.527 (38.453)	1:53.035 (39.508)	2:32.819 (39.784)		
3:12.498 (39.680)	3:52.468 (39.970)	4:32.076 (39.608)	5:11.537 (39.462)		
5:51.368 (39.831)	6:31.719 (40.352)	7:11.979 (40.260)	7:52.644 (40.666)		
8:33.495 (40.851)	9:14.062 (40.568)	9:54.452 (40.391)	10:34.697 (40.245)		
11:15.589 (40.892)	11:56.380 (40.792)	12:36.725 (40.345)	13:17.399 (40.674)		
13:58.064 (40.665)	14:38.355 (40.292)	15:17.907 (39.552)	15:57.065 (39.159)		
16:32.324 (35.260)					
36 Manna, Anthony	Assumption	16:33.40	2		
37.010 (37.010)	1:15.693 (38.683)	1:51.877 (36.184)	2:29.606 (37.730)		
3:07.068 (37.462)	3:44.044 (36.976)	4:21.562 (37.519)	4:58.927 (37.365)		
5:36.366 (37.440)	6:13.750 (37.384)	6:51.949 (38.199)	7:30.157 (38.209)		
8:09.654 (39.497)	8:49.934 (40.280)	9:31.182 (41.248)	10:13.224 (42.042)		
10:55.433 (42.209)	11:37.469 (42.037)	12:20.297 (42.828)	13:03.452 (43.155)		
13:46.395 (42.944)	14:29.720 (43.325)	15:12.570 (42.851)	15:54.844 (42.274)		
16:33.391 (38.548)					

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 5000 M Run**

37 Nunes, Michael	Northeastern	16:34.58	3		
36.101 (36.101)	1:15.031 (38.931)	1:52.649 (37.619)	2:30.262 (37.613)		
3:09.221 (38.959)	3:48.705 (39.484)	4:28.461 (39.756)	5:06.620 (38.160)		
5:46.033 (39.413)	6:26.790 (40.758)	7:07.639 (40.849)	7:47.862 (40.224)		
8:28.775 (40.913)	9:09.086 (40.312)	9:49.071 (39.985)	10:29.792 (40.721)		
11:10.045 (40.254)	11:50.777 (40.732)	12:31.555 (40.778)	13:12.695 (41.140)		
13:54.064 (41.369)	14:34.985 (40.921)	15:17.193 (42.209)	15:57.203 (40.010)		
16:34.580 (37.377)					
38 DeProfio, Duncan	Williams	16:36.26	3		
37.373 (37.373)	1:17.301 (39.928)	1:58.933 (41.632)	2:39.272 (40.339)		
3:18.689 (39.418)	3:59.339 (40.650)	4:38.934 (39.596)	5:18.409 (39.475)		
5:57.573 (39.164)	6:37.711 (40.139)	7:16.607 (38.896)	7:56.980 (40.373)		
8:36.886 (39.907)	9:16.809 (39.923)	9:56.390 (39.582)	10:36.197 (39.808)		
11:16.588 (40.391)	11:57.097 (40.509)	12:37.429 (40.333)	13:17.431 (40.002)		
13:58.489 (41.059)	14:39.331 (40.842)	15:19.892 (40.561)	15:59.155 (39.264)		
16:36.257 (37.103)					
39 Katz, Edward	Hfc Striders	16:39.78	4		
38.980 (38.980)	1:19.101 (40.121)	2:00.320 (41.219)	2:39.039 (38.720)		
3:18.219 (39.180)	3:58.440 (40.222)	4:39.006 (40.566)	5:19.226 (40.220)		
5:59.174 (39.948)	6:39.268 (40.094)	7:18.992 (39.724)	8:00.421 (41.430)		
8:40.573 (40.152)	9:20.081 (39.508)	10:00.168 (40.087)	10:40.261 (40.094)		
11:20.466 (40.205)	12:01.229 (40.764)	12:41.816 (40.588)	13:22.414 (40.598)		
14:02.237 (39.824)	14:42.172 (39.935)	15:21.920 (39.749)	16:01.417 (39.497)		
16:39.774 (38.357)					
40 Walsh, DJ	Merrimack	16:41.93	2		
38.237 (38.237)	1:15.853 (37.616)	1:52.280 (36.428)	2:29.389 (37.110)		
3:06.475 (37.086)	3:43.811 (37.336)	4:21.129 (37.318)	4:57.523 (36.395)		
5:33.949 (36.426)	6:11.243 (37.295)	6:48.958 (37.716)	7:26.718 (37.760)		
8:04.793 (38.076)	8:43.001 (38.208)	9:22.625 (39.625)	10:03.753 (41.128)		
10:46.078 (42.326)	11:29.570 (43.492)	12:13.770 (44.200)	12:56.713 (42.943)		
13:41.545 (44.833)	14:26.345 (44.800)	15:13.681 (47.336)	15:59.353 (45.672)		
16:41.925 (42.572)					
41 Coppola, Will	Unattached	16:44.08	3		
37.608 (37.608)	1:17.610 (40.003)	1:58.573 (40.964)	2:38.457 (39.884)		
3:17.504 (39.048)	3:58.012 (40.508)	4:36.442 (38.431)	5:16.367 (39.925)		
5:55.937 (39.570)	6:35.317 (39.381)	7:14.333 (39.016)	7:54.494 (40.161)		
8:34.846 (40.352)	9:15.740 (40.894)	9:56.045 (40.305)	10:35.605 (39.561)		
11:16.360 (40.755)	11:58.169 (41.809)	12:40.617 (42.449)	13:22.220 (41.603)		
14:04.117 (41.897)	14:46.181 (42.064)	15:27.229 (41.049)	16:08.172 (40.943)		
16:44.073 (35.901)					
42 Anderson, Telisho	Unattached	16:44.31	3		
36.437 (36.437)	1:14.416 (37.979)	1:51.333 (36.918)	2:27.719 (36.386)		
3:05.001 (37.282)	3:42.580 (37.580)	4:20.701 (38.121)	4:58.138 (37.438)		
5:35.694 (37.556)	6:15.071 (39.377)	6:54.653 (39.582)	7:34.838 (40.186)		
8:14.483 (39.645)	8:54.660 (40.177)	9:35.761 (41.101)	10:16.917 (41.157)		
10:59.414 (42.497)	11:43.105 (43.692)	12:27.087 (43.982)	13:09.350 (42.264)		
13:51.733 (42.383)	14:32.915 (41.183)	15:20.196 (47.281)	16:06.256 (46.060)		
16:44.304 (38.048)					

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 5000 M Run**

43 Viens, John	Franklin Pierce	16:44.62	3		
37.917 (37.917)	1:17.482 (39.565)	1:58.234 (40.752)		2:38.198 (39.964)	
3:17.480 (39.282)	3:58.462 (40.983)	4:37.865 (39.404)		5:17.521 (39.656)	
5:56.078 (38.557)	6:35.718 (39.640)	7:15.045 (39.328)		7:54.969 (39.924)	
8:35.065 (40.096)	9:15.649 (40.584)	9:55.622 (39.974)		10:35.881 (40.260)	
11:16.072 (40.191)	11:57.673 (41.601)	12:39.947 (42.275)		13:21.860 (41.913)	
14:04.654 (42.795)	14:46.533 (41.880)	15:26.429 (39.896)		16:06.722 (40.293)	
16:44.616 (37.894)					
44 Preston, Davis	Assumption	16:51.04	4		
38.570 (38.570)	1:18.720 (40.150)	1:59.934 (41.215)		2:40.715 (40.781)	
3:20.209 (39.495)	4:00.427 (40.218)	4:40.404 (39.977)		5:20.867 (40.464)	
6:01.587 (40.720)	6:41.652 (40.065)	7:22.462 (40.811)		8:03.391 (40.929)	
8:44.732 (41.341)	9:25.424 (40.693)	10:06.863 (41.439)		10:47.764 (40.901)	
11:28.772 (41.008)	12:09.750 (40.979)	12:51.460 (41.711)		13:32.271 (40.811)	
14:13.212 (40.942)	14:54.180 (40.968)	15:35.496 (41.316)		16:15.345 (39.849)	
16:51.036 (35.691)					
45 Noone, Brian	Northeastern	16:51.97	4		
38.482 (38.482)	1:18.611 (40.129)	1:59.675 (41.064)		2:40.643 (40.968)	
3:20.662 (40.020)	4:00.805 (40.144)	4:40.866 (40.061)		5:21.666 (40.800)	
6:01.996 (40.331)	6:42.392 (40.396)	7:23.138 (40.746)		8:03.894 (40.756)	
8:44.251 (40.357)	9:24.748 (40.498)	10:05.599 (40.851)		10:46.330 (40.732)	
11:26.563 (40.233)	12:07.222 (40.660)	12:47.803 (40.581)		13:28.368 (40.566)	
14:09.156 (40.788)	14:50.223 (41.068)	15:31.291 (41.068)		16:12.413 (41.123)	
16:51.965 (39.552)					
46 Hughes, James	Northeastern	16:53.44	4		
37.520 (37.520)	1:17.108 (39.588)	1:57.635 (40.528)		2:38.089 (40.455)	
3:17.818 (39.729)	3:57.920 (40.103)	4:38.326 (40.406)		5:18.668 (40.342)	
5:58.790 (40.123)	6:38.916 (40.127)	7:19.257 (40.341)		8:01.024 (41.767)	
8:41.172 (40.148)	9:21.949 (40.778)	10:03.535 (41.586)		10:44.555 (41.020)	
11:25.925 (41.371)	12:07.456 (41.531)	12:48.886 (41.431)		13:30.400 (41.514)	
14:12.160 (41.760)	14:54.747 (42.588)	15:36.578 (41.832)		16:16.864 (40.286)	
16:53.436 (36.572)					
47 Phinney, Joshua	Assumption	17:00.45	3		
36.708 (36.708)	1:16.087 (39.380)	1:56.138 (40.052)		2:36.313 (40.175)	
3:17.036 (40.724)	3:57.863 (40.828)	4:37.390 (39.528)		5:17.473 (40.084)	
5:57.553 (40.080)	6:38.620 (41.068)	7:19.904 (41.284)		8:02.169 (42.266)	
8:44.429 (42.260)	9:26.995 (42.566)	10:09.935 (42.940)		10:52.481 (42.547)	
11:34.943 (42.462)	12:18.821 (43.878)	13:02.280 (43.460)		13:44.974 (42.695)	
14:27.393 (42.420)	15:10.335 (42.942)	15:49.122 (38.788)		16:27.290 (38.168)	
17:00.442 (33.152)					
48 Behl, Mason	Bentley	17:03.52	3		
38.140 (38.140)	1:17.729 (39.589)	1:58.845 (41.116)		2:38.841 (39.996)	
3:17.739 (38.899)	3:58.359 (40.620)	4:37.657 (39.299)		5:18.147 (40.490)	
5:57.906 (39.760)	6:38.752 (40.846)	7:20.055 (41.304)		8:01.521 (41.466)	
8:42.919 (41.399)	9:24.739 (41.820)	10:06.438 (41.700)		10:48.674 (42.236)	
11:31.134 (42.460)	12:13.206 (42.072)	12:55.135 (41.929)		13:38.427 (43.292)	
14:21.338 (42.912)	15:04.265 (42.927)	15:47.798 (43.534)		16:27.737 (39.940)	
17:03.513 (35.776)					

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 5000 M Run**

49 Biever, Blake	Williams	17:08.47	3		
36.858 (36.858)	1:16.760 (39.902)	1:58.491 (41.732)	2:38.696 (40.205)		
3:18.434 (39.739)	3:59.315 (40.881)	4:38.959 (39.644)	5:18.713 (39.755)		
5:58.409 (39.696)	6:39.122 (40.714)	7:20.269 (41.147)	8:02.427 (42.159)		
8:43.657 (41.231)	9:25.597 (41.940)	10:06.773 (41.176)	10:48.387 (41.615)		
11:31.344 (42.957)	12:13.654 (42.311)	12:56.033 (42.379)	13:39.703 (43.671)		
14:21.771 (42.068)	15:03.994 (42.224)	15:47.717 (43.723)	16:29.759 (42.043)		
17:08.462 (38.704)					
50 Atchison, Dalton	Kingdom Track Club	17:09.37	4		
39.235 (39.235)	1:20.036 (40.802)	2:00.966 (40.930)	2:42.160 (41.194)		
3:22.835 (40.676)	4:03.706 (40.872)	4:44.437 (40.732)	5:25.836 (41.400)		
6:07.600 (41.764)	6:49.832 (42.232)	7:31.090 (41.258)	8:13.496 (42.406)		
8:55.772 (42.276)	9:38.107 (42.336)	10:20.148 (42.042)	11:02.433 (42.285)		
11:45.020 (42.587)	12:27.207 (42.188)	13:09.143 (41.936)	13:51.335 (42.192)		
14:33.824 (42.490)	15:15.631 (41.807)	15:56.940 (41.310)	16:36.528 (39.588)		
17:09.364 (32.836)					
51 Gray, Patrick	Bentley	17:10.61	3		
36.085 (36.085)	1:15.573 (39.488)	1:56.321 (40.748)	2:36.591 (40.270)		
3:17.274 (40.684)	3:58.183 (40.909)	4:36.237 (38.054)	5:16.676 (40.440)		
5:56.416 (39.740)	6:36.320 (39.904)	7:16.141 (39.822)	7:57.770 (41.629)		
8:39.515 (41.745)	9:21.359 (41.844)	10:02.821 (41.462)	10:44.785 (41.964)		
11:26.859 (42.075)	12:09.349 (42.491)	12:52.245 (42.896)	13:35.712 (43.468)		
14:19.011 (43.300)	15:02.717 (43.707)	15:45.665 (42.948)	16:28.588 (42.923)		
17:10.601 (42.014)					
52 Keene, Andrew	St. Anselm	17:12.61	4		
38.152 (38.152)	1:18.159 (40.007)	1:58.984 (40.826)	2:39.674 (40.690)		
3:19.084 (39.410)	3:59.233 (40.150)	4:39.556 (40.324)	5:20.360 (40.804)		
6:01.108 (40.748)	6:41.976 (40.868)	7:22.890 (40.915)	8:04.765 (41.876)		
8:46.752 (41.987)	9:28.614 (41.863)	10:11.871 (43.257)	10:54.352 (42.482)		
11:36.980 (42.628)	12:19.897 (42.918)	13:02.522 (42.625)	13:45.888 (43.366)		
14:29.831 (43.944)	15:13.529 (43.699)	15:56.016 (42.488)	16:37.460 (41.444)		
17:12.602 (35.142)					
53 Cannon, Robert	Umass Boston	17:24.16	4		
35.556 (35.556)	1:14.577 (39.022)	1:53.990 (39.413)	2:33.710 (39.720)		
3:13.367 (39.657)	3:53.182 (39.816)	4:33.346 (40.164)	5:13.790 (40.444)		
5:55.157 (41.368)	6:36.848 (41.692)	7:18.665 (41.817)	8:00.790 (42.125)		
8:41.947 (41.157)	9:24.507 (42.560)	10:07.106 (42.600)	10:49.842 (42.736)		
11:33.309 (43.468)	12:16.772 (43.463)	13:00.832 (44.061)	13:45.036 (44.204)		
14:29.545 (44.510)	15:14.206 (44.661)	15:58.104 (43.898)	16:41.820 (43.716)		
17:24.152 (42.333)					
54 Moriarty, Chris	Merrimack	17:28.05	3		
35.829 (35.829)	1:13.881 (38.052)	1:51.845 (37.964)	2:29.809 (37.964)		
3:08.830 (39.022)	3:48.350 (39.520)	4:28.168 (39.818)	5:06.160 (37.992)		
5:45.662 (39.503)	6:26.426 (40.764)	7:08.024 (41.598)	7:50.280 (42.256)		
8:33.677 (43.397)	9:17.199 (43.523)	10:00.766 (43.568)	10:45.097 (44.331)		
11:29.353 (44.257)	12:13.985 (44.632)	12:58.680 (44.695)	13:44.004 (45.324)		
14:28.965 (44.961)	15:14.252 (45.288)	15:59.193 (44.941)	16:44.005 (44.812)		
17:28.045 (44.040)					

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 5000 M Run**

55 Wong, Adam	St. Anselm	17:28.64	4		
37.637 (37.637)	1:17.003 (39.366)	1:57.358 (40.356)		2:37.614 (40.256)	
3:17.746 (40.132)	3:58.007 (40.261)	4:38.708 (40.701)		5:19.544 (40.837)	
5:59.942 (40.398)	6:41.211 (41.269)	7:23.216 (42.005)		8:06.085 (42.870)	
8:48.878 (42.793)	9:32.212 (43.334)	10:16.160 (43.949)		10:59.708 (43.548)	
11:42.808 (43.100)	12:26.377 (43.570)	13:09.576 (43.200)		13:53.203 (43.627)	
14:37.289 (44.087)	15:21.149 (43.860)	16:05.125 (43.976)		16:47.968 (42.844)	
17:28.631 (40.663)					
56 Nofri, Matthew	Assumption	17:32.56	4		
37.227 (37.227)	1:17.660 (40.433)	1:58.784 (41.125)		2:40.148 (41.364)	
3:19.716 (39.569)	3:59.979 (40.263)	4:39.886 (39.908)		5:19.852 (39.966)	
6:00.186 (40.335)	6:39.755 (39.569)	7:20.171 (40.416)		8:01.324 (41.154)	
8:41.401 (40.077)	9:21.689 (40.288)	10:05.489 (43.800)		10:50.325 (44.836)	
11:35.695 (45.370)	12:20.764 (45.069)	13:06.896 (46.132)		13:53.546 (46.651)	
14:38.996 (45.451)	15:22.944 (43.948)	16:07.060 (44.117)		16:49.986 (42.926)	
17:32.558 (42.572)					
57 Doherty, Liam	Franklin Pierce	17:42.66	3		
37.549 (37.549)	1:17.378 (39.829)	1:58.184 (40.806)		2:37.946 (39.763)	
3:18.013 (40.067)	3:58.789 (40.776)	4:38.416 (39.628)		5:18.513 (40.097)	
5:58.660 (40.148)	6:39.406 (40.747)	7:20.541 (41.135)		8:02.451 (41.911)	
8:44.650 (42.200)	9:27.321 (42.671)	10:10.117 (42.797)		10:52.814 (42.697)	
11:36.080 (43.266)	12:20.645 (44.566)	13:06.183 (45.538)		13:52.909 (46.727)	
14:39.920 (47.011)	15:27.389 (47.469)	16:14.273 (46.885)		17:00.295 (46.022)	
17:42.659 (42.364)					
58 Ware, Nick	Emmanuel (Mass.)	17:43.06	4		
39.151 (39.151)	1:19.742 (40.592)	2:00.633 (40.892)		2:41.840 (41.208)	
3:22.207 (40.367)	4:02.975 (40.768)	4:43.964 (40.989)		5:25.354 (41.391)	
6:07.122 (41.768)	6:49.539 (42.417)	7:32.012 (42.473)		8:15.054 (43.043)	
8:58.989 (43.936)	9:42.465 (43.476)	10:26.182 (43.717)		11:10.136 (43.955)	
11:54.521 (44.385)	12:38.828 (44.308)	13:22.992 (44.164)		14:07.637 (44.645)	
14:52.616 (44.980)	15:37.732 (45.116)	16:22.280 (44.548)		17:04.876 (42.596)	
17:43.055 (38.180)					
59 Kurczy, Daniel	Northeastern	17:49.27	4		
40.175 (40.175)	1:22.682 (42.508)	2:03.450 (40.768)		2:44.638 (41.188)	
3:26.290 (41.652)	4:07.974 (41.684)	4:49.709 (41.736)		5:30.812 (41.103)	
6:12.920 (42.109)	6:55.576 (42.656)	7:38.196 (42.621)		8:20.895 (42.699)	
9:04.368 (43.474)	9:48.367 (43.999)	10:32.071 (43.704)		11:16.244 (44.174)	
12:00.684 (44.440)	12:45.136 (44.452)	13:29.480 (44.345)		14:13.631 (44.151)	
14:58.048 (44.418)	15:42.464 (44.416)	16:26.872 (44.408)		17:11.038 (44.167)	
17:49.268 (38.231)					
60 Zambrowski, Alex	Northeastern	17:50.80	4		
39.958 (39.958)	1:20.903 (40.945)	2:01.210 (40.308)		2:42.434 (41.224)	
3:23.364 (40.930)	4:03.827 (40.464)	4:44.716 (40.890)		5:25.631 (40.915)	
6:07.116 (41.485)	6:48.484 (41.368)	7:30.896 (42.413)		8:14.201 (43.305)	
8:58.316 (44.115)	9:42.374 (44.059)	10:25.053 (42.680)		11:09.329 (44.276)	
11:54.383 (45.054)	12:38.645 (44.263)	13:23.287 (44.642)		14:07.324 (44.037)	
14:52.650 (45.327)	15:40.957 (48.308)	16:25.060 (44.104)		17:10.504 (45.444)	
17:50.793 (40.290)					

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 5000 M Run**

61 LeBlanc, Brandon	St. Anselm	18:01.38	4		
40.144 (40.144)	1:21.156 (41.012)	2:01.628 (40.473)		2:42.976 (41.348)	
3:24.224 (41.248)	4:05.420 (41.196)	4:47.476 (42.056)		5:29.932 (42.456)	
6:14.100 (44.169)	6:58.590 (44.490)	7:42.232 (43.643)		8:25.320 (43.088)	
9:09.167 (43.848)	9:55.193 (46.027)	10:40.302 (45.109)		11:26.712 (46.411)	
12:11.773 (45.061)	12:56.538 (44.765)	13:40.117 (43.580)		14:25.570 (45.453)	
15:11.428 (45.858)	15:57.192 (45.765)	16:40.451 (43.259)		17:24.848 (44.397)	
18:01.375 (36.528)					
62 Nottebart, Josh	St. Anselm	18:27.94	4		
38.027 (38.027)	1:18.038 (40.012)	1:59.585 (41.548)		2:41.502 (41.917)	
3:21.988 (40.486)	4:03.433 (41.446)	4:44.486 (41.053)		5:26.759 (42.273)	
6:10.223 (43.464)	6:54.181 (43.959)	7:38.072 (43.891)		8:22.844 (44.773)	
9:08.776 (45.932)	9:54.768 (45.992)	10:40.197 (45.429)		11:26.560 (46.363)	
12:11.719 (45.160)	12:59.106 (47.388)	13:45.147 (46.041)		14:32.824 (47.677)	
15:20.464 (47.641)	16:09.306 (48.842)	16:56.124 (46.819)		17:43.467 (47.343)	
18:27.940 (44.474)					
63 Alvarado, Zephaniaya	Umass Boston	19:25.03	4		
39.530 (39.530)	1:20.115 (40.585)	2:00.988 (40.873)		2:42.215 (41.228)	
3:23.608 (41.394)	4:05.074 (41.466)	4:47.153 (42.080)		5:29.496 (42.343)	
6:13.876 (44.381)	6:58.904 (45.028)	7:46.021 (47.118)		8:35.012 (48.991)	
9:26.171 (51.160)	10:18.352 (52.182)	11:11.882 (53.530)		12:05.529 (53.648)	
12:57.104 (51.575)	13:47.606 (50.503)	14:37.896 (50.290)		15:27.596 (49.701)	
16:17.932 (50.336)	17:06.750 (48.818)	17:54.917 (48.168)		18:38.673 (43.756)	
19:25.021 (46.348)					
-- Wetzell, Christian	St. Anselm	DNF	4		
37.820 (37.820)	1:16.619 (38.800)	1:57.520 (40.902)		2:38.701 (41.181)	
3:19.296 (40.596)	3:59.616 (40.320)	4:40.598 (40.982)		5:21.640 (41.043)	
6:03.676 (42.036)	6:45.920 (42.244)	7:29.369 (43.450)		8:11.661 (42.292)	
8:55.260 (43.600)	9:40.584 (45.324)	10:25.488 (44.904)		11:11.855 (46.368)	
11:59.558 (47.704)	12:48.121 (48.564)	13:38.011 (49.890)		14:29.998 (51.988)	
-- Dyer, Ryan	Merrimack	DNF	1		
34.941 (34.941)	1:12.222 (37.282)	1:47.587 (35.365)		2:22.449 (34.862)	
2:57.861 (35.412)	3:33.873 (36.012)	4:09.431 (35.559)		4:45.097 (35.666)	
5:21.630 (36.534)	5:58.041 (36.411)	6:34.690 (36.650)		7:11.880 (37.190)	
7:49.842 (37.963)	8:26.917 (37.075)	9:04.789 (37.872)		9:44.309 (39.521)	
10:25.183 (40.874)	11:06.278 (41.096)				
-- Russell, Finnian	Merrimack	DNF	1		
33.965 (33.965)	1:10.003 (36.038)	1:45.425 (35.422)		2:20.760 (35.336)	
2:56.421 (35.661)	3:32.223 (35.803)	4:08.276 (36.053)		4:44.177 (35.902)	
5:20.487 (36.310)	5:56.609 (36.123)	6:32.700 (36.091)		7:09.619 (36.920)	
7:47.558 (37.940)	8:24.680 (37.122)	9:03.114 (38.435)		9:41.892 (38.778)	
10:20.605 (38.713)	11:01.510 (40.906)	11:43.256 (41.746)		12:26.049 (42.794)	
13:09.385 (43.336)					

Men 60 M Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1 Elie, John	Merrimack	8.29Q	4
2 Adigwe, Chigozie	Bridgewater St.	8.46Q	2
3 Schimmelpfennig, Adam	Eastern Conn. St.	8.52Q	1
4 Nevulis, Carter	Suffolk	8.69Q	3
5 Riley, Brandon	Umass Lowell	8.70q	1
6 O'Riorden, Tristan	Umass Lowell	8.72q	1

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 60 M Hurdles**

7	Bois, Jason	Union (N.Y.)	8.76q	1	
8	Stelmach, Luke	Umass Lowell	8.77q	4	
9	Olivier, Nidlaire	Umass Lowell	8.81	2	
10	Nigro, Ethan	Albany Colle	8.88	2	
11	Adams, Chase	Colby-Sawyer	8.92	2	
12	Foster, Bryce	Hartford	8.93	4	
13	Balsis, Sam	Bentley	9.02	3	
14	Grayson, Harry	Regis (Mass.)	9.10	4	
15	Kell, Noah	Hartford	9.12	3	
16	Erikson, Daniel	Gordon	9.35	3	9.347
17	Charles, Aiden	Regis (Mass.)	9.35	1	9.350
18	Lynch, Alejandro	Umass Lowell	9.36	3	
19	Munroe, Derek	Umass Lowell	9.41	3	
20	Donahue, Nathan	Franklin Pierce	9.55	2	
21	Borletto-McCray, Torrenc	Assumption	9.57	3	
22	DiGiacomo, Cole	Union (N.Y.)	9.68	4	
23	Browne, Julian	Hartford	9.71	4	
24	Dionne, Daniel	Franklin Pierce	9.81	2	
25	Porter, Nick	Assumption	9.92	1	
26	Brandreth, Christopher	Union (N.Y.)	10.17	1	
27	Laren, Noah	Assumption	10.21	3	
28	Williams, Boston	Lasell	10.37	4	
29	Patton, Sam	Franklin Pierce	10.78	4	

Men 60 M Hurdles

Name	Year School	Finals	
Finals			
1	Elie, John	Merrimack	8.26
2	Adigwe, Chigozie	Bridgewater St.	8.33
3	Schimmelpfennig, Adam	Eastern Conn. St.	8.48
4	Nevulis, Carter	Suffolk	8.63
5	Stelmach, Luke	Umass Lowell	8.66 8.655
6	Bois, Jason	Union (N.Y.)	8.66 8.658
7	O'Riorden, Tristan	Umass Lowell	8.70

Men 4x200 M Relay

School	Finals	H#
1	Maine 'A'	1:28.19 3
2	Merrimack 'A'	1:28.29 1
3	Franklin Pierce 'A'	1:28.92 1
4	Hartford 'A'	1:29.17 1
5	Assumption 'A'	1:30.74 1
6	Merrimack 'B'	1:30.98 2
7	Union (N.Y.) 'A'	1:33.01 4 1:33.001
8	Merrimack 'D'	1:33.01 2 1:33.004
9	Merrimack 'C'	1:33.23 2
10	Hartford 'B'	1:33.94 3
11	Gordon 'A'	1:34.22 5
12	Bridgewater St. 'A'	1:34.52 2
13	Bridgewater St. 'C'	1:34.57 6
14	St. Anselm 'A'	1:34.64 6

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 4x200 M Relay**

15 Suffolk 'A'	1:35.92	5
16 Regis (Mass.) 'A'	1:35.93	5
17 Assumption 'B'	1:36.48	3
18 Franklin Pierce 'B'	1:38.76	3
19 Tufts University Running Club 'A'	1:38.77	4
20 Albany College of Pharmacy 'A'	1:45.13	6
-- Northeastern Club Running 'A'	DNF	5
-- Colby-Sawyer 'A'	DNF	4
-- Bridgewater St. 'B'	DNF	4

Men 4x400 M Relay

School	Finals	H#
1 Bridgewater St. 'A'	3:32.15	1
51.001 (51.001) 1:44.071 (53.071)	2:38.736 (54.665)	3:32.149 (53.413)
2 Union (N.Y.) 'A'	3:35.67	1
53.705 (53.705) 1:47.525 (53.820)	2:42.162 (54.638)	3:35.669 (53.507)
3 Hartford 'A'	3:37.16	1
54.820 (54.820) 1:48.627 (53.808)	2:44.240 (55.613)	3:37.160 (52.920)
4 Bentley 'A'	3:39.24	1
55.739 (55.739) 1:50.583 (54.844)	2:46.249 (55.666)	3:39.237 (52.989)
5 Hartford 'B'	3:41.49	2
55.248 (55.248) 1:50.474 (55.226)	2:46.807 (56.333)	3:41.490 (54.684)
6 Tufts University Running Club 'A'	3:43.54	3
55.483 (55.483) 1:52.079 (56.596)	2:49.026 (56.947)	3:43.535 (54.510)
7 Northeastern Club Running 'A'	3:44.49	1
52.349 (52.349) 1:49.803 (57.455)	2:44.852 (55.049)	3:44.489 (59.637)
8 Bard 'A'	3:44.77	2
51.198 (51.198) 1:51.004 (59.806)	2:49.908 (58.904)	3:44.767 (54.860)
9 Regis (Mass.) 'A'	3:49.61	2
55.938 (55.938) 1:55.191 (59.253)	2:52.400 (57.210)	3:49.603 (57.203)
10 Bridgewater St. 'B'	3:55.79	3
59.232 (59.232) 1:59.994 (1:00.762)	2:55.753 (55.760)	3:55.788 (1:00.036)
11 Northeastern Club Running 'B'	4:05.35	3
59.833 (59.833) 2:04.578 (1:04.745)	3:04.611 (1:00.033)	4:05.347 (1:00.736)
12 Emmanuel (Mass.) 'A'	4:07.23	3
1:06.214 (1:06.214) 2:10.387 (1:04.174)	3:08.522 (58.135)	4:07.228 (58.707)
-- Bridgewater St. 'C'	DNF	3
1:01.052 (1:01.052) 2:05.855 (1:04.803)	3:08.140 (1:02.286)	

Men 4x1600 M Relay

School	Finals
1 Tufts University Running Club 'A'	20:55.23
35.692 (35.692) 1:14.676 (38.984)	1:56.072 (41.397) 2:38.991 (42.919)
3:22.077 (43.087) 4:04.958 (42.881)	4:45.820 (40.863) 5:26.740 (40.920)
6:06.048 (39.308) 6:46.844 (40.796)	7:28.378 (41.535) 8:09.331 (40.953)
8:51.709 (42.379) 9:34.560 (42.851)	10:18.221 (43.662) 11:00.559 (42.338)
11:34.124 (33.566) 12:10.011 (35.887)	12:46.312 (36.302) 13:23.405 (37.093)
14:00.332 (36.927) 14:37.617 (37.286)	15:14.165 (36.548) 15:48.535 (34.370)
16:24.635 (36.100) 17:02.254 (37.620)	17:40.937 (38.684) 18:20.892 (39.956)
19:01.057 (40.165) 19:42.112 (41.055)	20:20.932 (38.821) 20:55.221 (34.289)

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men 4x1600 M Relay**

2 Albany College of Pharmacy 'A'	22:25.19				
37.680 (37.680)	1:19.230 (41.551)	2:03.328 (44.099)	2:49.796 (46.468)		
3:36.508 (46.712)	4:24.638 (48.130)	5:12.736 (48.098)	5:56.227 (43.492)		
6:32.775 (36.548)	7:14.203 (41.428)	7:57.941 (43.739)	8:41.392 (43.451)		
9:25.120 (43.729)	10:08.350 (43.230)	10:52.266 (43.916)	11:33.176 (40.911)		
12:06.246 (33.070)	12:43.015 (36.769)	13:22.501 (39.487)	14:01.470 (38.969)		
14:42.504 (41.034)	15:25.597 (43.094)	16:08.772 (43.176)	16:49.774 (41.002)		
17:26.375 (36.601)	18:06.703 (40.328)	18:48.741 (42.039)	19:33.156 (44.415)		
20:16.600 (43.444)	20:56.276 (39.677)	21:41.347 (45.071)	22:25.189 (43.843)		

Men High Jump

Name	Year	School	Finals	
1 Exilhomme, Shane		Umass Lowell	J1.85m	6-00.75
1.65 1.70 1.75 1.80 1.85 1.90				
P P O XO O XXX				
2 Ham, Jacey		Assumption	J1.85m	6-00.75
1.65 1.70 1.75 1.80 1.85 1.90				
O P XO XO O XXX				
3 Makiej, Michael		Umass Lowell	J1.85m	6-00.75
1.65 1.70 1.75 1.80 1.85 1.90				
P P P O XXO XXX				
4 Donahue, Nathan		Franklin Pierce	J1.85m	6-00.75
1.65 1.70 1.75 1.80 1.85 1.90				
O O XO XXO XXO XXX				
5 Mulkerin, Shawn		Franklin Pierce	J1.80m	5-10.75
1.65 1.70 1.75 1.80 1.85				
O O XO O XXX				
5 Myrick, Zach		Regis (Mass.)	J1.80m	5-10.75
1.65 1.70 1.75 1.80 1.85				
O O XO O XXP				
7 Munukka, Benjamin		Lasell	J1.80m	5-10.75
1.65 1.70 1.75 1.80 1.85				
O O XXO O XXX				
8 Balsis, Sam		Bentley	J1.80m	5-10.75
1.65 1.70 1.75 1.80 1.85				
P XO O XXO XXX				
9 Gonzalez, Nathaniel		Lasell	J1.80m	5-10.75
1.65 1.70 1.75 1.80 1.85				
XO O XO XXO XXX				
10 Riley, Brandon		Umass Lowell	J1.75m	5-08.75
1.65 1.70 1.75 1.80				
P O O XPP				
11 Shea, Jackson		Merrimack	J1.75m	5-08.75
1.65 1.70 1.75 1.80				
O O XO XXX				
11 Fotakis, Alex		Hartford	J1.75m	5-08.75
1.65 1.70 1.75 1.80				
P P XO XXX				
13 Thuotte, Justin		Regis (Mass.)	J1.70m	5-07.00
1.65 1.70 1.75				
O O XXX				

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men High Jump**

14	Diaw, Alioune	Franklin Pierce	J1.70m	5-07.00
	1.65 1.70 1.75			
	XO XO XXX			
15	Carroll, Tucker	Merrimack	J1.65m	5-05.00
	1.65 1.70 1.75			
	O P XXX			
15	Dionne, Daniel	Franklin Pierce	J1.65m	5-05.00
	1.65 1.70			
	O XXX			
--	Harris, Stephen	Franklin Pierce	NH	
	1.65 1.70 1.75 1.80 1.85 1.90			
	P P P P P XXX			
--	Marks, DJ	Regis (Mass.)	NH	
	1.65			
	XXX			
--	Arigoni, Noah	Umass Boston	NH	
	1.65			
	XXX			

Men Pole Vault

Name	Year	School	Finals	
1 Lussier, Maxim		Merrimack	J4.55m	14-11.00
	2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05 4.20 4.35 4.55 4.65			
	P P P P P P P P P O O		XO XXX	
2 Davis, Maxwell		Umass Lowell	J4.20m	13-09.25
	2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05 4.20 4.35			
	P P P P P P P P P O XXX			
3 Garrett, Sawyer		Mit	J4.20m	13-09.25
	2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05 4.20 4.35			
	P P P P P P P P XO O XXX			
3 Gurga, Trey		Mit	J4.20m	13-09.25
	2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05 4.20 4.35			
	P P P P P P P O XO O XXX			
5 McCormack, Thomas		Maine	J4.20m	13-09.25
	2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05 4.20 4.35			
	P P P P P O XXO O O XXX			
6 Russo, Evan		Maine	J4.05m	13-03.50
	2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05 4.20			
	P P P P P P P P O XXX			
6 Cuddy, Daniel		Umass Lowell	J4.05m	13-03.50
	2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05 4.20			
	P P P P P P P P O XXX			
8 Carroll, Tucker		Merrimack	J4.05m	13-03.50
	2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05 4.20			
	P P P P P P P P XO XXX			
9 Osselmann-Chai, Christop		Unattached	J4.05m	13-03.50
	2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05 4.20			
	P P P P P P P P XXO XXX			
10 Munroe, Derek		Umass Lowell	J4.05m	13-03.50
	2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05 4.20			
	P P P O O O XO XXO XXX			

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men Pole Vault**

11 Mosser, Mark	Mit	J3.90m	12-09.50
2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05			
P P P P O XXO O XXX			
12 Martins, Travis	Franklin Pierce	J3.75m	12-03.50
2.80 3.00 3.20 3.40 3.60 3.75 3.90			
P P P P O O XXX			
13 Nguyen, Christopher	Unattached	J3.60m	11-09.75
2.80 3.00 3.20 3.40 3.60 3.75			
P P P P O XXX			
13 Stelmach, Luke	Umass Lowell	J3.60m	11-09.75
2.80 3.00 3.20 3.40 3.60 3.75			
P P P O O XXX			
15 Yonkers, Thomas	Hartford	J3.40m	11-01.75
2.80 3.00 3.20 3.40 3.60			
P P XO O XXX			
16 Campbell, Owen	Suffolk	J3.40m	11-01.75
2.80 3.00 3.20 3.40 3.60			
P O XO XXO XXX			
17 Patton, Sam	Franklin Pierce	J3.20m	10-06.00
2.80 3.00 3.20 3.40			
O O O XXX			
18 McDaniels, Quintin	Franklin Pierce	J3.20m	10-06.00
2.80 3.00 3.20 3.40			
P XXO O XXX			
19 McGinn, Peter	Gordon	J3.00m	9-10.00
2.80 3.00 3.20			
P XXO XXX			
-- Hughes, Angelo	Hartford	NH	
2.80 3.00			
P XXX			
-- Bothwell, Max	Merrimack	NH	
2.80 3.00 3.20 3.40 3.60 3.75 3.90 4.05 4.20			
P P P P P P P P P XXX			
-- Puryear, Jahan	Emmanuel (Mass.)	NH	
2.80 3.00			
P XXX			
-- Catino, Joshua	Suffolk	NH	
2.80 3.00			
P XXX			
-- Pasquarosa, Anthony	St. Anselm	NH	
2.80			
XXX			

Men Long Jump

Name	Year School	Finals	H#
1 Hergott, Christopher	Hartford	J6.92m	22-08.50 4
6.78m 6.75m 6.63m 6.92m FOUL FOUL			
2 Abelon, Andrew	Maine	J6.92m	22-08.50 4
FOUL 6.26m 6.50m 6.54m 6.92m 6.77m			
3 Oduro, Evans	Umass Lowell	6.55m	21-06.00 4
6.55m FOUL 6.33m PASS PASS PASS			
4 Owusu-Ansah, Emmanuel	Hartford	6.54m	21-05.50 3
6.54m 6.37m 6.27m 6.29m PASS PASS			

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men Long Jump**

5	McGirr, Aaron	Hartford	6.49m	21-03.50	4
	6.46m 6.49m FOUL 6.45m	FOUL 6.36m			
6	Connolly, Adam	Umass Lowell	6.48m	21-03.25	4
	6.39m 6.48m 6.41m 6.12m	6.32m 6.45m			
7	Barinelli, Thomas	Bridgewater St.	6.45m	21-02.00	4
	6.45m 6.37m 6.43m 6.27m	6.42m 6.20m			
8	Luxene, Eythan	Umass Lowell	6.39m	20-11.75	3
	6.30m 6.39m FOUL 5.91m	6.18m FOUL			
9	Donahue, Nathan	Franklin Pierce	6.36m	20-10.50	4
	6.36m 6.15m 6.20m				
10	Chewning, Daniel	Gordon	J6.31m	20-08.50	3
	5.94m 6.31m 6.30m				
11	Appiah, James	Unattached	J6.31m	20-08.50	4
	6.27m 5.83m 6.31m				
12	Buster, Isaiah	Assumption	6.12m	20-01.00	3
	6.12m 5.84m 6.03m				
13	Patterson, Luke	Maine	J6.10m	20-00.25	4
	6.08m 6.07m 6.10m				
14	Riesenberg, Quinn	Bentley	J6.10m	20-00.25	3
	6.10m 5.88m 5.77m				
15	Gallagher, Brian	Merrimack	J6.10m	20-00.25	1
	FOUL FOUL 6.10m				
16	Wadley, Blake	Merrimack	6.09m	19-11.75	1
	6.09m 5.88m FOUL				
17	Moroney, Dylan	St. Anselm	J6.07m	19-11.00	1
	FOUL 6.07m 5.97m				
18	Thuotte, Justin	Regis (Mass.)	J6.07m	19-11.00	4
	6.07m FOUL 5.85m				
19	Nevulis, Carter	Suffolk	6.06m	19-10.75	4
	5.95m 5.91m 6.06m				
20	Thomas, Noah	Hartford	5.92m	19-05.25	4
	5.73m 5.92m 5.91m				
21	Nigro, Ethan	Albany Colle	J5.90m	19-04.25	4
	5.90m 5.76m 5.66m				
22	Branchaud, Joseph	Colby-Sawyer	J5.90m	19-04.25	3
	5.90m 5.55m 5.61m				
23	Agbor, Daniel	Merrimack	5.85m	19-02.50	3
	5.85m FOUL 5.68m				
24	Coleman, Eli	Union (N.Y.)	5.84m	19-02.00	4
	5.84m 5.69m 5.78m				
25	Grayson, Harry	Regis (Mass.)	5.79m	19-00.00	3
	5.79m 5.30m 5.73m				
26	Collins, Alex	Merrimack	5.78m	18-11.75	1
	FOUL 5.78m FOUL				
27	Kiesel, Brett	Regis (Mass.)	5.76m	18-10.75	3
	FOUL 5.74m 5.76m				
28	Davis, John	Colby-Sawyer	5.75m	18-10.50	3
	4.50m 5.70m 5.75m				
29	Corson, Max	Lasell	5.68m	18-07.75	2
	5.34m 5.68m 4.01m				
30	Ayotte, Ben	Umass Lowell	J5.59m	18-04.25	3
	FOUL 5.53m 5.59m				
31	Wiley, Luke	Emmanuel (Mass.)	J5.59m	18-04.25	3
	5.22m 5.59m 5.37m				

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men Long Jump**

32 Manti, Braeden	Merrimack	5.55m	18-02.50	2
FOUL FOUL 5.55m				
33 Gonzalez, Angel	Franklin Pierce	5.50m	18-00.50	3
4.48m 5.50m PASS				
34 Frodelius, Michael	Suffolk	5.39m	17-08.25	1
5.31m 5.37m 5.39m				
35 Laren, Noah	Assumption	5.32m	17-05.50	2
5.03m 5.32m 5.14m				
36 Sierra, Cross	Colby-Sawyer	J5.24m	17-02.25	1
5.16m FOUL 5.24m				
37 Jones, Keenan	Gordon	J5.24m	17-02.25	2
5.24m 5.13m FOUL				
38 Zhuang, Ben	Unattached	J5.24m	17-02.25	3
FOUL 5.24m 4.37m				
39 Colantuoni, Jack	Assumption	5.23m	17-02.00	2
5.23m 5.11m PASS				
40 Etienne, Isaiah	Emmanuel (Mass.)	5.19m	17-00.50	2
5.14m 5.19m 5.19m				
41 Rakoczy, Vincent	Northeastern	5.16m	16-11.25	2
5.16m 5.15m 4.76m				
42 Johnson, Cooper	St. Anselm	5.05m	16-07.00	2
5.05m PASS PASS				
43 Recto, Franco	Merrimack	5.00m	16-05.00	2
4.80m 4.69m 5.00m				
44 Conji, Hari	Albany Colle	4.88m	16-00.25	1
4.88m 4.81m 4.87m				
45 Liburd, Kenard	Assumption	4.60m	15-01.25	1
FOUL FOUL 4.60m				
46 Bredy, Malachi	Gordon	4.21m	13-09.75	1
FOUL 4.21m FOUL				
-- Labossierre, Pierre	Emmanuel (Mass.)	FOUL		2
FOUL FOUL FOUL				

Men Triple Jump

Name	Year	School	Finals	H#
1 Owusu-Ansah, Emmanuel		Hartford	13.79m	45-03.00 2
FOUL 13.26m 13.56m 13.44m FOUL 13.79m				
2 Hennessy, Aidan		Eastern Conn. St.	13.75m	45-01.50 2
13.07m 13.75m 13.70m 13.59m 13.25m PASS				
3 Oduro, Evans		Umass Lowell	13.22m	43-04.50 2
FOUL FOUL 13.22m				
4 Hennessy, Conor		Eastern Conn. St.	13.01m	42-08.25 2
FOUL 13.01m FOUL FOUL 12.80m 12.94m				
5 Thuotte, Justin		Regis (Mass.)	12.80m	42-00.00 2
12.57m 11.52m 12.80m 12.47m 12.74m 12.53m				
6 Trask, Brady		Merrimack	12.76m	41-10.50 1
12.40m 12.76m 12.64m 12.21m 12.15m FOUL				
7 Hilliard, Ryan		Union (N.Y.)	12.56m	41-02.50 2
12.56m 12.38m FOUL FOUL FOUL FOUL				
8 Binion, Aaron		Union (N.Y.)	12.54m	41-01.75 1
12.54m 12.37m 11.95m FOUL 11.39m PASS				
9 Nigro, Ethan		Albany Colle	12.35m	40-06.25 2
11.70m 12.35m 11.86m				

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men Triple Jump**

10	Buster, Isaiah	Assumption	12.34m	40-06.00	2
	12.24m 12.34m FOUL				
11	Byfield, Tafari	Assumption	12.14m	39-10.00	1
	12.14m 12.06m 12.03m				
12	Pan, Jacob	Unattached	11.69m	38-04.25	2
	11.69m 11.41m 11.58m				
13	Moroney, Dylan	St. Anselm	11.52m	37-09.50	1
	11.52m FOUL 10.93m				
14	Telicki, Henry	Unattached	11.39m	37-04.50	1
	11.36m 11.39m FOUL				
15	Yee, Ted	Northeastern	11.27m	36-11.75	1
	11.10m 10.78m 11.27m				
16	Conji, Hari	Albany Colle	10.61m	34-09.75	1
	10.43m 10.38m 10.61m				
17	Wolfley, Achius	Colby-Sawyer	10.47m	34-04.25	1
	10.47m 10.27m FOUL				
--	Stressman, Isaiah	Umass Boston	FOUL		1
	FOUL FOUL FOUL				

Men Shot Put

Name	Year	School	Finals	H#
1 Prell, Jonathan	Maine	16.92m	55-06.25	2
	16.06m 16.54m 15.81m 16.22m 16.92m 16.82m			
2 Engebretson, Sam	Mit	16.20m	53-01.75	2
	15.22m 16.04m 16.20m FOUL FOUL 16.20m			
3 Veal, Marek	Maine	16.06m	52-08.25	2
	15.04m 16.06m FOUL 13.73m FOUL 14.82m			
4 Pierce, Jared	Maine	15.54m	51-00.00	2
	15.54m 15.02m 15.54m 15.44m FOUL 14.45m			
5 McGarrity, Gavin	Maine	15.44m	50-08.00	2
	15.44m FOUL FOUL FOUL FOUL 14.71m			
6 Cadime, Luis	Umass Lowell	14.63m	48-00.00	2
	14.43m FOUL 14.63m 14.41m 14.28m FOUL			
7 Stalters, Corey	Bridgewater St.	14.44m	47-04.50	2
	13.74m 14.44m 14.22m FOUL FOUL FOUL			
8 Everidge, Connor	Franklin Pierce	14.38m	47-02.25	2
	14.06m 13.83m 14.38m 13.99m 14.23m 14.21m			
9 Moser, Kyle	Hartford	14.36m	47-01.50	2
	FOUL 13.45m 14.36m			
10 Brown, Ryker	Maine	14.29m	46-10.75	2
	14.01m FOUL 14.29m			
11 Rocheleau, Curtis	Hartford	13.76m	45-01.75	2
	13.76m FOUL 13.59m			
11 Eastin, Grant	Merrimack	13.76m	45-01.75	2
	13.76m FOUL FOUL			
13 Quigley, Jonathan	Bridgewater St.	13.59m	44-07.00	1
	13.17m 12.14m 13.59m			
14 Lando, Salvatore	Franklin Pierce	13.41m	44-00.00	2
	FOUL 13.08m 13.41m			
15 Dann, Jason	Bridgewater St.	13.36m	43-10.00	1
	12.44m 13.04m 13.36m			
16 Cooper, Savion	Hartford	13.26m	43-06.00	2
	13.26m 12.75m FOUL			

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men Shot Put**

17	Packer, Nathaniel	Bridgewater St.	13.12m	43-00.50	1
	13.12m 12.77m 12.29m				
18	Candelario, Jay	Franklin Pierce	13.11m	43-00.25	2
	13.11m 12.10m 12.15m				
18	Gilbert, Ben	Franklin Pierce	13.11m	43-00.25	1
	13.11m FOUL 12.89m				
20	Lang, Mason	Union (N.Y.)	12.72m	41-08.75	1
	12.72m 12.56m 12.60m				
21	Bonsaint, Brogan	Franklin Pierce	12.45m	40-10.25	1
	11.52m 12.45m 11.91m				
22	Vixamar, Jonathon	Umass Lowell	12.30m	40-04.25	2
	11.87m FOUL 12.30m				
23	Silvia, Aidan	Umass Lowell	12.15m	39-10.50	1
	12.15m FOUL 11.92m				
24	Ballum, Owen	Assumption	11.87m	38-11.50	1
	11.87m FOUL 11.45m				
25	LaRoss, Owen	Merrimack	11.62m	38-01.50	1
	FOUL 11.62m 11.51m				
26	Martinez, Antonio	Assumption	11.14m	36-06.75	1
	11.14m FOUL FOUL				
27	Drislane, Aidan	Assumption	10.89m	35-08.75	1
	10.00m 10.89m 10.66m				
28	Laren, Noah	Assumption	10.61m	34-09.75	1
	10.61m 10.45m 9.99m				
29	Bailey, Tyrell	Hartford	10.59m	34-09.00	1
	10.34m 9.28m 10.59m				
30	McCarthy, Edward	Suffolk	10.08m	33-01.00	1
	10.08m 9.71m 10.03m				
31	Pavlinsky, Will	Hartford	9.27m	30-05.00	1
	8.67m 9.27m 9.02m				
--	Cocchiaro, Antonio	Union (N.Y.)	FOUL		1
	FOUL FOUL FOUL				

Men Weight Throw

Name	Year	School	Finals	H#
1 Engebretson, Sam		Mit	18.31m	60-01.00 2
	FOUL 17.24m 18.31m 17.50m FOUL FOUL			
2 Brown, Ryker		Maine	17.69m	58-00.50 2
	17.50m 17.69m 17.23m FOUL 13.40m FOUL			
3 Chevalier, Claudel		Merrimack	16.80m	55-01.50 2
	16.55m 16.51m 16.80m FOUL FOUL FOUL			
4 Everidge, Connor		Franklin Pierce	15.94m	52-03.75 2
	15.67m FOUL 15.41m 15.94m 15.06m 15.77m			
5 Prell, Jonathan		Maine	15.17m	49-09.25 2
	15.17m FOUL 14.81m 14.73m FOUL 13.69m			
6 Ptaszek, Jared		Merrimack	15.11m	49-07.00 2
	14.39m 14.95m 15.11m 12.62m 14.85m FOUL			
7 Convery, Conor		Hartford	15.08m	49-05.75 2
	15.08m 13.92m FOUL FOUL 14.08m 13.22m			
8 Dann, Jason		Bridgewater St.	14.77m	48-05.50 2
	FOUL 14.77m 14.15m FOUL 13.82m 13.77m			
9 Eastin, Grant		Merrimack	14.49m	47-06.50 2
	FOUL 14.49m FOUL			

2023 Suffolk Relays - 12/2/2023**The TRACK at New Balance****Results****....Men Weight Throw**

10 Quigley, Jonathan	Bridgewater St.	14.45m	47-05.00	2
14.45m FOUL 13.86m				
11 Cadime, Luis	Umass Lowell	14.32m	46-11.75	2
FOUL 14.32m 13.45m				
12 McGarrity, Gavin	Maine	14.31m	46-11.50	2
FOUL 14.31m FOUL				
12 Stephenson, Joseph	Hartford	14.31m	46-11.50	2
FOUL FOUL 14.31m				
14 Silva, Liam	Merrimack	13.91m	45-07.75	1
13.24m FOUL 13.91m				
15 Pierce, Jared	Maine	13.83m	45-04.50	1
12.78m 13.45m 13.83m				
16 Kalvar, Connor	Mit	13.70m	44-11.50	2
13.70m 12.92m FOUL				
17 Hudson, Jr., Timothy	Albany Colle	13.56m	44-06.00	1
FOUL 13.19m 13.56m				
18 Lando, Salvatore	Franklin Pierce	13.46m	44-02.00	2
13.46m 13.37m 13.36m				
19 Moser, Kyle	Hartford	13.30m	43-07.75	2
13.30m 12.25m 12.40m				
20 Packer, Nathaniel	Bridgewater St.	13.09m	42-11.50	1
13.05m 12.95m 13.09m				
21 Kruk, Maxim	Maine	12.41m	40-08.75	1
FOUL 12.41m 12.19m				
22 Lemieux, Avery	Assumption	12.31m	40-04.75	1
12.31m 11.94m FOUL				
23 Ibarra, Jude	Merrimack	J11.77m	38-07.50	1
11.77m 11.46m 11.74m				
24 Candelario, Jay	Franklin Pierce	J11.77m	38-07.50	1
11.77m 11.72m FOUL				
25 Pessina, Will	Assumption	11.76m	38-07.00	1
FOUL 11.76m 11.25m				
26 Charles, Aiden	Regis (Mass.)	11.54m	37-10.50	1
9.67m 11.54m FOUL				
27 Lang, Mason	Union (N.Y.)	11.36m	37-03.25	1
FOUL FOUL 11.36m				
28 Entner, Nicholas	Union (N.Y.)	10.97m	36-00.00	1
FOUL 10.97m FOUL				
29 Ballum, Owen	Assumption	10.74m	35-03.00	1
10.74m 10.39m FOUL				
30 Cocchiario, Antonio	Union (N.Y.)	10.18m	33-04.75	1
10.18m 9.48m 9.05m				
31 Janicki, Jacob	Franklin Pierce	10.06m	33-00.25	1
9.88m 10.06m 8.50m				
32 Rochette, Michael	St. Anselm	9.48m	31-01.25	1
8.67m 9.48m 8.66m				