

The 2017 NEISDA Swimming & Diving Championships

ORDER OF EVENTS

The women's events will precede the men's events.

PRELIMS

All General Warm-Up 8:00am - 9:40am

sprint/pace lanes 9:40-9:55

THURSDAY	FRIDAY 10:00 AM	SATURDAY 10:00 AM	SUNDAY 10:00AM
NO PRELIMS	200 Freestyle Relay	200 Medley Relay	100 Freestyle
	<i>5 minute break</i>	<i>5 minute break</i>	50 Backstroke
	500 Freestyle	400 IM	200 Breaststroke
	100 Butterfly	50 Butterfly	200 Butterfly
	50 Breaststroke	200 Freestyle	100 IM
	200 Backstroke	100 Backstroke	<i>10 minute break</i>
	50 Freestyle	100 Breaststroke	400 Freestyle Relay
	200 IM	<i>15 minute break</i>	<i>10 minute break</i>
	<i>15 minute break</i>	1000 Freestyle (Timed Final)	1650 Freestyle (Timed Final)
	400 Medley Relay	3M Diving Prelims	
	1M Diving Prelims		

FINALS

WARM UP: General warm up opens at 5:00 pm, sprint/pace lanes 5:30 - 5:50pm

**except for Sunday which will be WARM UP at 4:30 pm, sprint/pace lanes 5:00-5:20*

THURSDAY 6:30 PM	FRIDAY 6:00 PM	SATURDAY 6:00 PM	SUNDAY 5:30 PM
		<i>Senior Recognition (6:15 pm)</i>	100 Freestyle
800 Freestyle Relay	200 Freestyle Relay	200 Medley Relay	1650 Freestyle (Top Heat)
	<i>10 minute break</i>	<i>10 minute break</i>	50 Backstroke
	500 Freestyle	400 IM	200 Breaststroke
	100 Butterfly	50 Butterfly	200 Butterfly
	50 Breaststroke	200 Freestyle	100 IM
	200 Backstroke	100 Backstroke	3M Diving Finals
	50 Freestyle	100 Breaststroke	400 Freestyle Relay
	200 IM	<i>15 minute break</i>	
	1M Diving Finals		
	400 Medley relay		

