

## 2017 NEISDA WOMEN'S QUALIFYING STANDARDS and RECORDS

A	B	EVENT	TIME	YEAR	NAME	SCHOOL
:27.50	:29.00	50 FREE	:23.10	2016	Ali Bartlett	Keene State
1:01.50	1:03.00	100 FREE	:51.21	2011	Kaila Umbarger	Keene State
2:13.00	2:16.00	200 FREE	1:52.85	2016	Miriam Swisher	Simmons
5:55.00	6:00.00	500 FREE	4:59.04	2015	India Boland	Gordon
12:25.00	12:33.00	1000 FREE	10:36.67	2012	Nadine Edwards	Bentley
21:30.00	21:45.00	1650 FREE	17:14.59	1996	Heidi George	Middlebury
:33.00	:35.00	50 BACK	:26.79	2010	Kristine Trutor	Keene State
1:10.50	1:12.00	100 BACK	:56.69	2016	Miriam Swisher	Simmons
2:32.00	2:37.00	200 BACK	2:03.40	2011	Anne Kaduboski	Bentley
:37.50	:38.50	50 BREAST	:29.59	2012	Jill Whitaker	Keene State
1:19.50	1:21.50	100 BREAST	1:03.50	2012	Jessica Hodsdon	Bentley
2:53.00	2:55.00	200 BREAST	2:20.61	1999	Erin Anderson	Williams
:31.00	:33.00	50 FLY	:24.97	2011	Kaila Umbarger	Keene State
1:10.50	1:12.00	100 FLY	:56.36	2011	Maureen O'Leary	Keene State
2:44.00	2:47.00	200 FLY	2:04.01	2011	Anne Kaduboski	Bentley
1:11.50	1:13.00	100 IM	:59.41	2010	Jillian Whitaker	Keene State
2:35.00	2:40.00	200 IM	2:08.77	1996	Marla Robertson	Williams
5:35.00	5:40.00	400 IM	4:27.39	1997	Jessica Stokes	Williams

RELAYS	TIME	YEAR	SCHOOL
200 FREE	1:36.53	2000	Williams
400 FREE	3:31.01	1999	Williams
800 FREE	7:46.29	1995	Williams
200 MEDLEY	1:45.89	2011	Keene State
400 MEDLEY	3:53.08	1999	Amherst
			Thompson, Anderson, Warren, Stoker
			Warlow, Palmer, Robertson, Von Oesen
			L Wissman, J Whitaker, M O'Leary, K Umbarger
			Borsford, Lukaska, Johnston, Jones

	DIVING	SCORE	YEAR	NAME	SCHOOL	
170 Points	11.2 DD	1 METER DIVING	438.10	2015	Katie Sterpka	Westfield State
170 Points	11.4 DD	3 METER DIVING	500.00	2015	Katie Sterpka	Westfield State

### DIVING QUALIFICATION:

The DD and score are for Six dives, with each dive assigned its standard degree of difficulty.

A diver must qualify twice on one board (at separate meets).

After qualifying on one board, a diver need only qualify once on the other board.

The qualifying DD's and scores are the same for men and women.

## 2017 NEISDA MEN'S QUALIFYING STANDARDS and RECORDS

A	B	EVENT	TIME	YEAR	NAME	SCHOOL
:25.00	:25.50	50 FREE	:20.42	1999	Fred Licon	Williams
:55.00	:56.00	100 FREE	:44.78	1997	John Young	Williams
2:05.00	2:07.00	200 FREE	1:39.19	1997	John Young	Williams
5:40.00	5:45.00	500 FREE	4:28.20	2012	Drew Ledwith	Keene State
12:10.00	12:20.00	1000 FREE	9:20.02	2011	Drew Ledwith	Keene State
20:30.00	20:45.00	1650 FREE	15:30.16	2011	Drew Ledwith	Keene State
:32.00	:32.50	50 BACK	:23.45	2016	Chris Barriss	Keene State
1:05.00	1:06.00	100 BACK	:51.32	1998	Cyrus King	Williams
2:30.00	2:32.00	200 BACK	1:49.95	1997	Cyrus King	Williams
:35.00	:35.50	50 BREAST	:29.50	2009	Domingo Rose	Keene State
1:14.50	1:15.50	100 BREAST	:57.16	1997	Mike Garrett	Wesleyan
2:40.00	2:42.00	200 BREAST	2:05.30	1997	A. Diemer	Williams
:30.00	:30.50	50 FLY	:22.24	1996	Mike McCollum	Middlebury
1:05.00	1:06.00	100 FLY	:49.43	1997	John Young	Williams
2:35.00	2:37.00	200 FLY	1:51.50	2012	Drew Ledwith	Keene State
1:07.00	1:08.00	100 IM	:52.13	1995	Frank Wright	Middlebury
2:20.00	2:22.00	200 IM	1:51.76	2014	Jared Hyde	Keene State
5:30.00	5:34.00	400 IM	3:59.16	2012	Drew Ledwith	Keene State

RELAYS	TIME	YEAR	SCHOOL
200 FREE	1:22.88	2011	Keene State
			C Pennoyer, A Harris, J Hyde, C Larrimore
400 FREE	3:03.18	1999	Middlebury
			Shomaker, Osterberg, Doherty, Gowdy
800 FREE	6:48.76	2012	Keene State
			D Ledwith, J Black, A Harris, J Hyde
200 MEDLEY	1:32.64	2016	Keene State
			C Barriss, N Shepard, R Boraski, G Youngstrom
400 MEDLEY	3:23.45	1997	Williams
			King, Diemer, Young, King

	DIVING	SCORE	YEAR	NAME	SCHOOL	
170 Points	11.2 DD	1 METER	478.75	1991	Frank Marston	Bowdoin
170 Points	11.4 DD	3 METER	575.00	1992	Tom Egan	UMASS-Dartmouth

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