

All-time D3football.com All-Region Honorees

Bridgewater State University

| Name | Class | Pos. | Year | Region | Team |
|-----------------|-----------|------|------|--------|-------------|
| Mike Sirignano | Junior | DT | 2005 | East | Second Team |
| Brenden Kavey | Senior | RB | 2005 | East | Third Team |
| Mike Sirignano | Senior | DT | 2006 | East | Second Team |
| Joseph Morency | Sophomore | G | 2006 | East | Third Team |
| Justin Lima | Senior | T | 2008 | East | Third Team |
| Jeff Smith | Junior | G | 2008 | East | Third Team |
| Jeff Smith | Senior | G | 2009 | East | Second Team |
| Justin Fuller | Junior | RB | 2009 | East | Third Team |
| Paul Melicharek | Sophomore | DT | 2010 | East | Second Team |
| Paul Melicharek | Senior | DT | 2012 | East | Second Team |
| Matthew Green | Junior | WR | 2013 | East | Second Team |
| Rob Ruggiero | Senior | DE | 2013 | East | Third Team |
| Matthew Green | Senior | WR | 2014 | East | Third Team |
| Elvis Romero | Junior | DT | 2015 | East | Second Team |
| Elvis Romero | Senior | DT | 2016 | East | Second Team |
| Jack Lavanchy | Senior | WR | 2018 | East | Second Team |
| Thomas Fay | Senior | P | 2021 | One | Second Team |
| Brendan Albert | Junior | LB | 2021 | One | Second Team |
| Adam Couch | Junior | RB | 2021 | One | Second Team |
| Jaren Alves | Junior | CB | 2021 | One | Third Team |
| Steven Silvia | Junior | LB | 2021 | One | Third Team |
| Jalen Kopecky | Sophomore | TE | 2022 | One | Second Team |
| Steven Silvia | Senior | LB | 2022 | One | Second Team |
| Brendan Albert | Senior | LB | 2022 | One | Third Team |
| Jaren Alves | Senior | CB | 2022 | One | Third Team |

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